

Competency Statements for Coach Accreditation

KINDERGYM – LEVEL 1

Module 1/Unit 6

KINDERGYM AUSTRALIA

- 1.6 A Level 1 Kindergym Leader is able to outline the underpinning philosophy and Guiding Principles that define a Kindergym Australia program
- 1.6.1 Outline the philosophy that underpins the Kindergym Australia program
- 1.6.2 List the eight key areas that the Guiding Principles of Kindergym Australia incorporate
- 1.6.3 Explain how a movement program for children 5 years and under can be recognized as being a Kindergym Australia program

Module 3/Unit 9

APPARATUS SPECIFIC – SPACE & EQUIPMENT

- 3.9 A Level 1 Kindergym Leader is able to effectively employ a variety of equipment and design set ups which are stimulating and safe to enhance participants' learning
- 3.9.1 List and categorise the range of equipment suitable for Kindergym programs
- 3.9.2 Choose and organize equipment to maximize safe learning opportunities for participants
- 3.9.3 Describe safety implications of using various equipment arrangements
- 3.9.4 Demonstrate how to arrange and link appropriate equipment to enhance learning

Module 4/Unit 2

WARM UP WITHIN KINDERGYM

- 4.2 A Level 1 Kindergym Leader is able to plan and conduct a warm-up session using a range of activities that are fun and appropriate in length and content to the developmental age of participants
- 4.2.1 Explain the structure that should be utilized for a Kindergym warm-up
- 4.2.2 Select warm-up activities that are appropriate in length and content to the developmental age of the participants
- 4.2.3 Employ strategies to commence the warm-up session appropriately

Module 5/Unit 6

DOMINANT MOVEMENT PATTERS WITHIN KINDERGYM

- 5.6 A Level 1 Kindergym Leader is able to identify the stages of development for movements and skills and facilitate learning through employing appropriate, sequential progressions
- 5.6.1 Identify the key DMP for Kindergym skills/movements
- 5.6.2 Demonstrate key sequential progressions for Kindergym skills

- 5.6.3 Choose and organize equipment and/or teaching aids to maximize safe learning opportunities for participants
- 5.6.4 Identify and employ effective teaching methods for skill learning

Module 6/Unit 3

HAND HELD EQUIPMENT

- 6.3 A Level 1 Kindergym Leader is able to effectively use a wide range of hand held equipment to enhance skill learning, interest and fun of a Kindergym program,
- 6.3.1 Identify the range of hand held Equipment that is applicable to a Kindergym program
- 6.3.2 Document methods of use for hand held Equipment which are fun, enhances learning and are appropriate to a Kindergym program,
- 6.3.3 Demonstrate the incorporation of hand held equipment which is appropriate to the developmental age of participants and will maximize safe learning opportunities
- 6.3.4 Demonstrate the use of hand held equipment as a teaching tool

Module 7/Unit 2

PLANNING FOR KINDERGYM

- 7.2 A Level 1 Kindergym Leader is able to develop plans that incorporate a balanced selected of activities which are safe, fun, age appropriate and challenging whilst providing continuity of learning for Kindergym participants
- 7.2.1 Identify the educational/learning focus for a sequence of lessons ensuring continuity of learning
- 7.2.2 Identify the format and duration of individual components of a Kindergym lesson
- 7.2.3 Document a Lesson Plan, based on a Unit Plan, that incorporates a balanced selection of activities which are safe, fun, age appropriate and challenging whilst providing continuity of learning

Module 12/Unit 1

DEMONSTRATION CLASS

- 12.1 A Level 1 Kindergym Leader is able to evaluate and document the format, content and equipment utilised for a Kindergym lesson
- 12.1.1 Document evidence with regards to the format, content, teaching methods and equipment utilised within a Kindergym lesson taking into consideration the Guiding Principles of Kindergym
- 12.1.2 Evaluate Kindergym Lessons in accordance with the Guiding Principles of Kindergym Australia

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- 12.1.3 Describe 'best practice' models with regards to format, content, teaching methods and equipment set-ups utilised for Kinderym

Module 13/ Unit 1

GROUP TIME

- 13.1 A Level 1 Kinderym Leader is able to enhance learning within Group work through employing a variety of mediums and props
 - 13.1.1 Identify and employ strategies for safely commencing and concluding Group Time
 - 13.1.2 Choose and match activities to the developmental level of participants and desired learning objectives of the lesson
 - 13.1.3 Select mediums, props and activities, which are safe, fun and appropriate in length and content for Kinderym Participants
 - 13.1.4 Demonstrate effective use of mediums and props within Group Time to enhance participant's learning

Module 13/Unit 2

FINE MOTOR ACTIVITIES

- 13.2 A Level 1 Kinderym Leader is able to effectively use a variety of equipment, hand apparatus and activities that are safe, fun and age appropriate to enhance the development of participant's fine motor skills
 - 13.2.1 Choose and implement activities, equipment, mediums and other props that are appropriate to participants development level and will enhance fine motor development
 - 13.2.2 Identify and employ a range of methods for including fine motor activities within a Kinderym lesson
 - 13.2.3 Demonstrate the incorporation of fine motor activities that are safe, fun, age appropriate, challenging and enhance learning

Module 14/Unit 1

COOL DOWN

- 14.1 A Level 1 Kinderym Leader is able to plan and conduct a cool down session using a range of activities and mediums that are fun and appropriate in length and content to the development level of participants
 - 14.1.1 Select cool down activities that are appropriate in length and content to the developmental age of the participants
 - 14.1.2 Employ strategies to commence the cool down session appropriately
 - 14.1.3 Demonstrate activities that are fun, safe, age appropriate and cool participants down appropriately

Module 26/Unit 1

WORKING WITH INFANTS

- 26.1 A Level 1 Kinderym Leader is able to identify the developmental stages of infants and design a Kinderym program, which enhances and meets their social, emotional, cognitive and physical needs
 - 26.1.1 Identify the developmental stages of a child
 - 26.1.2 Identify and document the implications that developmental stages will have on your programming
 - 26.1.3 Identify activities that are appropriate to the developmental stage of participants
 - 26.1.4 Document and implement a Lesson that incorporates a balanced selection of activities which are safe, fun, age appropriate whilst providing continuity of learning

Module 21/Unit 2

FINE MOTOR ACTIVITIES

- 21.2 A Level 1 Kinderym Leader is able to outline the roles and responsibilities of a Kinderym Leader and employ appropriate strategies to interact and communicate with participants, both infants and their carers, in a variety of situations
 - 21.2.1 Describe strategies that a Leader can utilise to enhance relationships with participants, both infants and their carers, in a variety of situations
 - 21.2.2 Identify the qualities and skills of the 'ideal' Kinderym Leader
 - 21.2.3 Identify the different types of Carers that can be seen within a Kinderym program and describe appropriate strategies that can be employed to ensure effective interaction and communication
 - 21.2.4 Demonstrate the ability to deal with a range of participants in a variety of situations

NOTE: A Level 1 Kinderym Leader is also required to have appropriate First Aid competencies. There are a number of recognized Training Providers within this field. The minimum requirements are as per the National recreation Industry Competency Standards registered with the Australian National Training Authority and as detailed below.

FIRST AID

A Level 1 Kinderym Leader is able to outline and demonstrate basic First Aid procedures

- SRX EME 002A Participate in the control of minor emergencies
- PUA EMEO 01A Provide emergency care
- SRX EME 003A Respond to emergency situations