

Gymnastics Australia - Sports Acrobatics

Notice of Amendments - National Levels System

22nd June 2005

The Sports Acrobatics National Level System is currently being amended and will be released shortly. These amendments include an additional Element (Skill) Level 4 MX2, clarification of existing Elements (Skills), new Tariff (Routine) Sheet and reflect various significant changes to the Code of Points.

It is the National SMC's aim to ensure prompt notification of decisions and therefore I would like to draw your attention to the following amendment effective immediately:

1. **Level 4 MX2:** An additional balance skill has been included as an option. This will be located at Row 2 Column 3 and will be described as follows:
 - **“Top holds a tied-arm handstand with legs together and straight. Base holds Top's shoulders or arms (hold 3 sec)”**
2. **Level 5 W2:** Clarification of the Dynamic Element (Skill) at Row 4 Column 1. This element has been rephrased for clarity as follows:
 - **“Top performs round-off towards base. Base, assisting top from rebound, lifts and throws top (with release showing flight) to catch in back-bird (hold 1 sec)”**
3. **Level 6 W3:** Correction to the Balance Element (Skill) at Row 2 Columns 1. This will now read as follows:
 - **“Top performs a straddle or pike-lever on Middle. Middle standing on Base's thighs with legs and arms straight. Base provides support to Middle (hold 3 sec)”**
4. **Level 6 W3:** Correction to the Balance Element (Skill) at Row 2 Columns 2. This will now read as follows:
 - **“Top performs a straddle or pike-lever on Middle. Middle stands on Base's thighs with legs and arms straight. Base performs a bridge (hold 3 sec)”**

Please note that notification of the amended Sports Acrobatics National Level System's release will be forthcoming.

Regards,

Andrew Saba
Technical Director – Sports Acrobatics
Gymnastics Australia