



Gymnastics Australia  
Sport Aerobics

## Technical Merit

**National A    National B    Level: 1.   2.   3.**

**Age: (7-10)   (11-13)   (14-17)   (18+)**

**Category:   IF   IM   Trio   Group   Team**

**Competitor Name \_\_\_\_\_ School/Club \_\_\_\_\_**

**Competitor No. \_\_\_\_\_ Judge's Name: \_\_\_\_\_**

**Execution: (70%)**

max. 10 pts

Alignment

Degree of completion/precision

Synchronicity

Flexibility

Strength

**Intensity: (30%)**

max. 10 pts

Completed routine

Intensity of the JJ Phrase

Choice of element options