



Gymnastics Australia  
Sport Aerobics

**Date:** 24<sup>th</sup> January 2008

**To:** **AER National Squad Athlete**

Kieran Gorman	Elizabeth Kane
Eloise Kane	Sarah Salerno
Martin Warren	Chelsea Carroll
Stephanie Collins	Samantha Elkington
Zoe Tisdale	

**Coaches**

Trudi Nurse	Anthony Ikin
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**From:** Nerine Cooper, AER Program Manager

**Subject:** **2008 FIG World Championships – AER Selection Trial**

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Gymnastics Australia is pleased to provide you with the 2008 FIG World Championships Selection Trial information and schedule.

**Date:** Sunday 10<sup>th</sup> February

**Time:** 10.00am - 3.00pm

**Venue:** Subiaco PCYC  
Rokeby Rd, Subiaco WA

**Officials:** Liz Lyons, National Judging Coordinator  
Karon Williams, National Technical Director

**Selection Criteria:**

Athletes and coaches should familiarise themselves with the Selection Criteria prior to attending the Selection Trial. See page 7-10.

**Cost:** No Charge

**Coaches:** Personal coaches are welcome to attend the selection trial with their athlete(s).

**Performance Requirements:**

Athletes must come prepared to perform their competition routine (with no stops) in full competition attire. Any high valued aerial skill landing in push-up can be performed onto a small one inch mat. All elements must be performed by the athlete(s).

All routines will be videoed and feedback on each performance will be provided by Liz Lyons and Karon Williams. Personal coaches can attend this feedback session with their athlete(s).

Team selection for the 2008 FIG World Championships and the 2008 FIG International Age Group Championships will be decided at the completion of the Selection Trial. This decision will be based on the athlete(s) performance at the trial. It WILL NOT be based on what is expected of the athlete in April 2008.

Liz Lyons will be available to check your competition leotard to ensure it meets FIG requirements.

Please complete the attached Difficulty Documentation Sheet with your routine elements listed and bring it along to the selection trial. Please refer to the 2005 - 2008 FIG Code of Points to ensure that you use the correct element name and value when documenting your skills.

### **Performance Schedule and Order**

**10.00am** National Squad Meeting

**10.15am** Warm -up commences

**11.00am** Performances commence

1. Elizabeth Kane Senior IF
  2. Chelsea Carroll Age Gp 1 IF
  3. Stephanie Collins Age Gp 1 IF
  4. Samantha Elkington Age Gp 2 IF
  5. Zoe Tisdale Age Gp 2 IF
  6. Martin Warren Age Gp 2 IM
  7. Kieran Gorman Senior IM
  8. Elizabeth Kane Senior TRIO
- Eloise Kane  
Sarah Salerno

**11.45am** **15 minute break**

**12.00 – 2.30pm** Feedback session commences in the order of performance

**2.45pm** Announcement of FIG World Championships and International Age Group Championships Team

**3.00pm** Selection Trial concludes

**Athlete Information Form**

Please complete the Athlete Information Form and send to:

Nerine Cooper  
Gymnastics Australia  
607 Canterbury Rd  
Surrey Hills VIC 3127  
Email: [ncooper@gymnastics.org.au](mailto:ncooper@gymnastics.org.au)

**Confirmation of Attendance:**

Please email Nerine Cooper by the 4<sup>th</sup> February 2008 to confirm your attendance at the Selection Trial. Email [ncooper@gymnastics.org.au](mailto:ncooper@gymnastics.org.au)

If you have any questions regarding the above information please do not hesitate to contact me on 0412 581 501 or Karon Williams 0413 137 660.



Gymnastics Australia  
Sport Aerobics

## **2008 ATHLETE INFORMATION FORM**

Name ..... Date of Birth .....

Address.....

.....

.....

Email .....

Phone ..... Mobile .....

In 2008 what Division of Competition are you competing in?

.....

.....

Music Title.....

Artist.....

Name of Choreographer .....

Skills you are working on in 2008

1. ....

2. ....

3. ....

4. ....

5. ....

6. ....

7. ....

8. ....
9. ....
10. ....
11. ....
12. ....

Competitions / Events you are aiming for selection in 2008

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Gymnastics Australia  
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## SPORT AEROBICS INTERNATIONAL STREAM DIFFICULTY DOCUMENTATION SHEET

TEAM NAME: \_\_\_\_\_

ATHLETES NAME: \_\_\_\_\_

DIVISION/CATEGORY: \_\_\_\_\_

1. List in order of appearance: Each element, the corresponding group, shorthand symbol and value. Indicate if the element is a Floor element.
2. Routines must only include a maximum of ten (12) elements.  
Athletes may only use elements from the 2005-2008 FIG Code of Points Element Pool. A routine must include a minimum of one (1) element from each of the four (4) Groups: Group A Dynamic Strength (DS), Group B Static Strength (SS), Group C Jumps and Leaps (JL), Group D: Balance and Flexibility (BF)

**COMP #**

GROUP ELEMENT NO.	ELEMENT POOL SELECTION	ELEMENT SYMBOL	FLOOR ELEMENT	ELEMENT VALUE	FIRST ROUND	FINAL ROUND
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
<b>TIME:</b>		<b>RAW TOTALS</b>				

**1. Eligibility:**

- 1.1 Subject to clause 1.2 in order to be eligible for selection into the team for the Event an athlete must:
- (a) be a minimum of 18 years of age or older in the year of competition
  - (b) be a member of the 2007 -2008 Senior National Squad
  - (c) have attained the following qualification scores for the division in which the athlete is being considered for at the nominated selection trial/training camp:
    - (i) Senior Individual Male: 19.00 points
    - (ii) Senior Individual Female: 19.00 points
    - (iii) Senior TRIO: 19.00 points
    - (iv) Senior Mixed Pair: 19.00 points
- 1.2 If an athlete has not met the eligibility requirement set out in paragraph (b) and/or (c) above the athlete may still be eligible if:
- (a) the athlete is a Special Consideration athlete as per the Selection Policy (Part A - Article 5.7).
  - (b) the athlete is an Additional Athlete as per the Selection Policy (Part A - Article 6.1).

**2. Selection Events:**

- 2.1 2008 World Championship Selection Trial/Training Camp – Perth,  
10<sup>th</sup>February 2008

**3. Team Size :**

As specified in the invitation from the hosting Federation and the FIG Technical Regulations

**4. Selection:**

- 4.1 When considering Athletes the Selection Committee may consider all or some of the following factors (not listed in any order of priority) and may give such weight to any or all of these factors as the Selection Committee in its complete discretion sees fit:
- (a) Present competition form and performance readiness
  - (b) International experience
  - (c) Past National & International results (over the preceding 6 months)
  - (d) Any accepted Special Consideration applications
  - (e) Any accepted Additional Athlete applications

#### 4.2 Team Coach

The Selection Committee will call for nominations for the Team Coach position. The AER Selection Committee will appoint the designated Team Coach taking into consideration the coaches who the AER Selection Committee feels will best compliment the composition of the teams. The Selection Committee will consider all or some of the following factors (not listed in any order of priority) and the Selection Committee may give such weight to any or all of these factors as the Selection Committee in its complete discretion sees fit.

- (i) Number of athletes in the team
- (ii) Past coaching experience at an international level
- (iii) Support required for an individual athlete

Note: Coaches have no right to appeal against non-selection to the GA National Teams.

**DATED THIS 12<sup>th</sup> DAY OF NOVEMBER 2007**

**1. Eligibility:**

- 1.1 Subject to clause 1.2 in order to be eligible for selection into the team for the Event an athlete must:
- (a) not be less than 12 years of age nor more than 17 years of age in the year of competition
  - (b) be a member of the 2007 -2008 Youth National Squad
  - (c) have attained the following qualification scores for the division in which the athlete is being considered for at the nominated selection trial/training camp:
    - (iv) Age Group 1 Divisions: 17.00 points
    - (v) Age Group 2 Divisions: 18.00 points
- 1.2 If an athlete has not met the eligibility requirement set out in paragraph (b) and/or (c) above the athlete may still be eligible if:
- (a) the athlete is a Special Consideration athlete as per the Selection Policy (Part A - Article 5.7).
  - (b) the athlete is an Additional Athlete as per the Selection Policy (Part A - Article 6.1).

**2. Selection Events:**

- 2.1 2008 World Championship Selection Trial/Training Camp – Perth,  
10<sup>th</sup>February 2008

**3. Team Size:**

As specified in the invitation from the hosting Federation and the FIG Technical Regulations

**4. Selection:**

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- (f) Present competition form and performance readiness
  - (g) International experience
  - (h) Past National & International results (over the preceding 6 months)
  - (i) Any accepted Special Consideration applications
  - (j) Any accepted Additional Athlete applications

4.3 Team Coach

The Selection Committee will call for nominations for the Team Coach position. The AER Selection Committee will appoint the designated Team Coach taking into consideration the coaches who the AER Selection Committee feels will best compliment the composition of the teams. The Selection Committee will consider all or some of the following factors (not listed in any order of priority) and the Selection Committee may give such weight to any or all of these factors as the Selection Committee in its complete discretion sees fit.

(iv) Number of athletes in the team

(v) Past coaching experience at an international level

(vi) Support required for an individual athlete

Note: Coaches have no right to appeal against non-selection to the GA National Teams.

**DATED THIS 12<sup>th</sup> DAY OF NOVEMBER 2007**