



Sport Aerobics Technical Bulletin – Volume 3 2003

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To: Board Members
State Associations
National SMC Members
National Squad Members
Development Squad Members
Technical Members

Items: 2004 Sport Aerobics National Squad Training Camps
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Call for Official Nominations – International Events 2004

From The Technical Director

The Sport Aerobics events at a state and national level are over for another year and for many athletes the Christmas and New Year holiday period will be the focus of their attention. For the athletes selected to the 2004 National and Development Squads their preparation for the Selection Trials and Training Camps in January is only just beginning.

National Squad athletes will be vying for selection to represent Australia at international Sport Aerobics events in 2004. It will be a busy year with four major international events falling within a four month period. The Sport Aerobics SMC is calling for applications for all official positions in conjunction with the 2004 International Sport Aerobics events. The application form can be found within this bulletin along with the team roles and responsibilities for each position. Please note that the official applications for the 2004 IAF Suzuki World Cup close on Friday 19th December 2003 with all others due by the 6th February 2004.

Looking back over the past 12 months a lot has been achieved in Sport Aerobics thanks to the commitment and efforts of volunteers, officials, Gymnastics Australia staff and of course, the athletes. Special thanks must go to each state Sport Aerobics Management Committee for managing the sport at a state level and providing the opportunities for athletes to compete in events in the lead up to the National Championships.

On behalf of the National Sport Aerobics Management Committee I would like to wish you all a very Merry Christmas and a safe and Happy New Year.

Karon Williams
Technical Director

**The Gymnastics Australia website can be found at:
www.gymnastics.org.au**

Change of Address

Please be advised that Gymnastics Australia office has moved to: 607 Canterbury Road, Surrey Hills Victoria 3127. The phone and fax numbers remain the same:-

Telephone (03) 98304588 Facsimile (03) 9830 4788

2004 Sport Aerobics National Squad Training Camps

The National SMC for Sport Aerobics will conduct its annual Selection Trial and Training Camps for National and Development Squad athletes in January 2004. A total of 5 camps will be held over 9 days in 5 states with athletes receiving assistance and guidance in the areas of skill training, choreography, judges' feedback and medical assessment.

Camp Dates:

Perth	17 – 18 January 2004
Adelaide	19 January 2004
Melbourne	20 – 21 January 2004
Sydney	22 – 23 January 2004
Brisbane	24 – 25 January 2004

Camp Personnel:

Karon Williams	Camp Manager and Judge's Feedback
Trudi Nurse	Skills Coach
Anthony Ikin	Choreographer
Jacque Harper	Medical Officer
Libby Howard	Judge's Feedback

2004 International Events

Details have been received from the International Aerobic Federation regarding the dates for the 2004 IAF Suzuki World Cup. Details are as follows:

Competition schedule:

April 16, 2004	Open Seed Qualifying Round
April 17, 2004	Semi Final Round
April 18, 2004	Final Round

Other international events where the venue and dates are still to be confirmed include:

May 2004	AFLAC International Cup	Japan
June 2004	FIG World Championships	
July/Aug 2004	ANAC World Championships	
July/Aug 2004	ANAC Youth Championships	
October 2004	New Zealand National Championships	

Call for Nominations – International Events 2004

It is standard practise for Gymnastics Australia to call for nominations from the Sport Aerobics community for appropriately qualified people to attend International Sport Aerobics events that Australia will take part in throughout 2004.

Please feel free to read through the following information and submit an application for any of the positions listed.

SPORT AEROBICS OFFICIALS FOR 2004 INTERNATIONAL EVENTS

APPLICATION INFORMATION

The Sport Aerobics SMC is calling for applications for all official positions in conjunction with 2004 International Sport Aerobics events.

The following positions may need to be filled, depending upon the final delegation size:

2004 IAF Suzuki World Cup	<ul style="list-style-type: none"> - Head of Delegation - Judge - Team Coach - Medical Personnel
2004 AFLAC International Cup	<ul style="list-style-type: none"> - Head of Delegation - Judge - Team Coach - Medical Personnel
2004 FIG World Championships	<ul style="list-style-type: none"> - Head of Delegation - Judge - Team Coach - Medical Personnel
2004 ANAC World Championships (Senior and Youth)	<ul style="list-style-type: none"> - Head of Delegation - Judge - Team Coach - Medical Personnel
2004 New Zealand National Championships	<ul style="list-style-type: none"> - Head of Delegation - Judge - Team Coach - Medical Personnel

All applicants must complete the Application Form attached. Please complete a new form for each event and position.

The Sport Aerobics SMC will be responsible for assessing all applications and making final recommendations to the Gymnastics Australia Board of Management.

Please read the list of Team Roles and Responsibilities as well as the Selection Criteria to be used to assess all applications.

TEAM ROLES AND RESPONSIBILITIES

HEAD OF DELEGATION

The Head of Delegation shall:

- Represent Gymnastics Australia at all official functions and act as the spokesperson
- Organise Gymnastics Australia representation at all meetings and functions in consultation with appropriate team personnel
- Undertake Head of Delegation competition functions
- Arrange regular meetings with all delegation members to ensure communication is maintained, act as mentor to all team members and provide guidance where appropriate
- In case of conflict or problems, the Head of Delegation will adjudicate and will be the final decision maker, for example on issues of protocol, for emergencies, on disciplinary matters, etc
- Ensure correct processes and procedures are followed for selection of team members and start orders
- Prepare an event report within one month of returning to Australia and submit the report to the Sport Aerobics Program Manager

Selection Criteria

The following will be taken into consideration:

- Proven ability to lead a delegation to an international sporting event
- Well developed communication and conflict management skills
- Sound knowledge of all delegation members
- Sound knowledge of Gymnastics Australia Policies and Protocols

TEAM COACH

The Team Coach shall:

- Prepare the team for international competition/tour
- Advise the Program Manager of arrangements (travel, dates, times, etc) conducive to maximising athlete performance
- Plan training camps (when appropriate) for the preparation of athletes for international competition/tours
- Liaise with personal coaches to assist athletes to achieve their best performance at the training camp and competition/tour
- In consultation with the personal coaches, establish an appropriate training program for the duration of the competition

Selection Criteria

The following will be taken into consideration:

- Currently accredited Technical Member – Sport Aerobics Coach of Gymnastics Australia
- Proven ability to coach a team of athletes at an international sporting event
- Well developed communication and conflict management skills
- Sound knowledge of all athletes, their coaches and training programs
- Sound knowledge of Gymnastics Australia Policies and Protocols

JUDGE

The Judge shall:

- Represent Australia by impartial judging at all times
- Assist the Head of Delegation and Team Coach by providing evaluations of athletes at all training sessions
- Prepare a technical report for the National SMC within one month of return to Australia and
- Attend and report on judges conferences, meetings and keep the Head of Delegation and Team Coach informed, particularly on any matters that could improve or affect athlete performance

Selection Criteria

The following will be taken into consideration:

- Currently Accredited Technical Member – Sport Aerobics Judge of Gymnastics Australia
- Currently held FIG Sport Aerobics Judging Brevet or ANAC Common Rules
- Proven experience in judging at an International and National level
- Well developed communication skills
- Sound knowledge of all athletes and their routines
- Sound knowledge of Gymnastics Australia Policies and Protocols

MEDICAL PERSONNEL

Medical Personnel shall:

- Assist the Head of Delegation and Team Coach wherever possible and carry out all duties assigned
- Provide medical assistance (on a need basis) to all members of the Delegation and attend to their good health and well being
- Attend all training sessions
- Be on a 24 hour call (within reason) for the duration of the competition/tour unless exempted by the Head of Delegation
- Be responsible (where practical) for necessary equipment: and

- Submit recommendations for future tours

Selection Criteria

The following will be taken into consideration:

- Qualified in the area of specialisation
- Proven experience in providing medical support at an international sporting event
- Well developed communication skills
- Sound knowledge of all athletes and their general health
- Sound knowledge of Gymnastics Australia Policies and Protocols

