



2002 RHYTHMIC CAMP



11-15 December, AIS Canberra

GYMNASTS REGISTRATION

The introduction of the new National Levels Manual in 2002 has kept us all on our toes. Find out how you can perform as a gymnast even better in 2003. This camp will provide all the information required to make 2003 a successful year for all involved in Rhythmic Gymnastics...

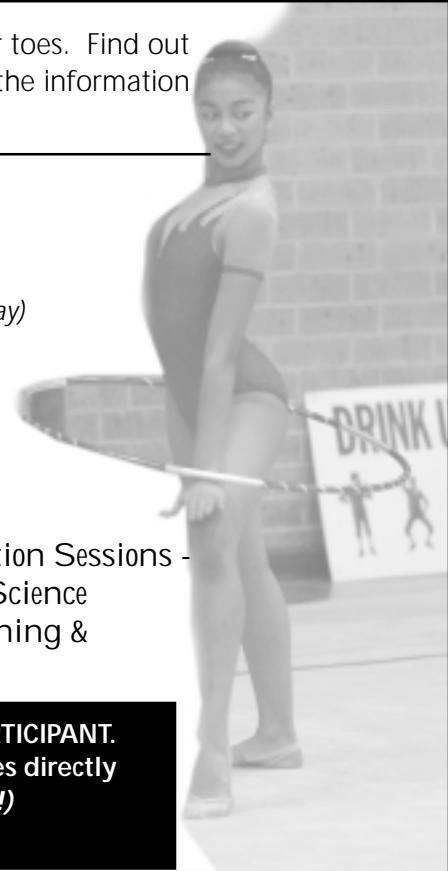
CAMP DETAILS

DATES Level 4-6 December 11-13 2002
 Level 7-10 December 13-15 2002
 Stages 2-4 December 12-15 2002
(NB: all camps start @1pm Day 1 and conclude @3pm on the final day)

VENUE AIS, Leverrier Crescent, Bruce ACT

COST \$300.00 (Non development Squad Gymnasts)
 \$275.00 (Development Squad Gymnasts)

What's included...
 Camp T-Shirt - Camp Diary - Certificate - Apparatus Workshops - Nutrition Sessions -
 Media Workshop - Group & Dance Workshops - Video Analysis - Sports Science
 Pool Recovery - Meet a RG Superstar - ASDA Info - Strength & Conditioning &
 of course **LOTS OF FUN!!!**



ALL FLIGHTS, ACCOMMODATION & MEALS ARE THE RESPONSIBILITY OF THE PARTICIPANT.
 Participants wanting to stay on-site at the AIS will need to contact AIS Residences directly
(ASAP as there is another competition being held at the AIS at this time!)
AIS RESIDENCES - (02) 6214-1388

GYMNAST REGISTRATION DETAILS...

NAME: _____ GA MEMBERSHIP #: _____

ADDRESS: _____ Post Code: _____

TELEPHONE: () _____ MOBILE: _____ PARENT/GURADIAN _____

Please place level/stage in appropriate box.... LEVEL 4-6 LEVEL 7-10 STAGE 2,3,4
 Non-Squad Member (\$300) Development Squad Member (\$275) T.SHIRT SIZE: (XXS, XS, S,M,L,XL)

PAYMENT Please find enclosed my payment of \$ _____ (all payments made payable to Gymnastics Australia)

CHEQUE Credit Card *(please circle)*: VISA MASTERCARD BANK CARD
 MONEY ORDER Card # _____ Expiry # _____
 Name on Card: _____ Signature: _____

Please return payment and form **NO LATER THAN 15 NOVEMBER 2002** to:
 Gymnastics Australia C/- Danni Peers - RG AIS Camp - 391 Canterbury Road, Surrey Hills VIC 3127
 Fax: 03 9830-4788 or Tel: 03 9830-4588 (6)

