



Gymnastics Australia
Women's Artistic Gymnastics

Judges Newsletter March 2002

Contents:

1. Level 4 – 6 clarifications
2. Competition Calendar 2002
3. Information re Nationals May 2002
4. Request - State Judging Co-ordinators
5. Level 3 Coaches Course Workshop
6. Sub Junior Judging Pathway Guidelines
7. Draft Code of Point Modifications and Technical Regulation Recommendations -28th January, 2002. This has since been amended and the attachment contains the official information
8. Changes to National Levels Code of Points – March 2002
9. USA Tour Jan 9 – 23, 2002 – Sue Synnot
10. Nationals Draft Schedule 25th March update

Attachments:

Updated STC judging sheets (updated National Levels judging sheets will be available soon)
WTC Newsletter 13th March 2002

A list of all clarifications for Levels 4 – 6 will be distributed to all State Associations and State Judging Co-ordinators after the Levels meeting scheduled for Friday 5th April.

Competitions 2002

- March:** Cottbus Grand Prix – no judge allocated - at own expense
- Apr/May:** Pacific Alliance Vancouver Canada – Anne Bigham, Natalie Moore
- May:** National Championships Melbourne – all FIG judges and National Level judges with appropriate updating completed
- July/Aug:** Commonwealth Games Manchester England – Danica Mladenovic, Helen Colagiuri, Jill Wright (3rd judge invited, late notification)
- Oct:** National Clubs Sydney - all FIG judges and National Level judges with appropriate updating completed
- Oct/Nov:** World Championships Hungary – Anne Bigham, Danica Mladenovic
- Dec:** Reach for the Stars Canberra - all FIG judges and National Level judges with appropriate updating completed

Nationals May 2002

Attached is the latest draft schedule – note the following for judges

Dates: Sunday 19th May – Saturday 25th May 2002

Venue: Vodafone Arena, Melbourne

Judges Meetings:

- a) National Levels Judges Meeting Sunday 19th May, 6.30pm (time to be confirmed)
- b) FIG and Sub-Junior Judges Meeting Monday 20th May, 6.30pm (time to be confirmed)

Podium Training:

- a) Senior, Junior, Junior National, Sub Junior 3 and 4 Sunday 19th May, all day
- b) Level 7 – 10 Monday 20th May all day

The names of all judges who are intending to judge at National Championships must be submitted by their State Association on the official entry form via the IMIS program by the closing date for entries, which is April 17th 2002.

Judges updating log books to be submitted at the appropriate judges meeting.

As this is a major event in the Australian gymnastic calendar it is expected that judges will attend podium training for the level they wish to judge. Judging panels for National Levels will be available at the Judges meeting on Sunday evening and at podium training for FIG and Sub-Junior judges.

Request

Would all State Judging Co-ordinators submit a written report (doesn't need to be lengthy) on State judging matters from the past year. Could this report contain the State Judging Co-ordinators' contact details for distribution to other State Judging Co-ordinators. I would like to establish a link with all State Judging Co-ordinators for exchange of ideas and mutual assistance throughout the year through such a network.

Level 3 Coaches Course Workshop

Originally set for February, it is planned to hold this workshop the Monday following Nationals in Melbourne – 27 May 2002.

Sub Junior Judging Pathway Guidelines

The need to establish guidelines for a Sub Junior Judges Pathway, has been identified to ensure the younger judges have the experience and knowledge to move through to the next level. Guidelines to take into account prior learning and updating requirements will be developed during 2002. National Stage 3/4 course participants to be endorsed by their Program Head Coach

. This information was sent to FIG judges earlier this year: and has since been amended, the attachment to this newsletter contains the official information

DRAFT Code of Point Modifications and Technical Regulation Recommendations

(28th January, 2002 - amended March 2002)

• Number of Vaults

Qualification	<ul style="list-style-type: none"> • 1 vault except for those who wish to qualify for Vault Finals. • They must vault twice under conditions identical with the rules for Vault Finals • Gymnasts must declare their intention at the time that the Start Order lists are submitted
All Around Final	<ul style="list-style-type: none"> • 1 vault
Team Final	<ul style="list-style-type: none"> • 1 vault
Vault Final	<ul style="list-style-type: none"> • 2 vaults

• Number of Special Requirements

The number of requirements will be 5 on each apparatus.

Delete the following:

Uneven Bars – LB “B” element

Balance Beam – Hold Element

Floor – One Acrobatic Series

• Apparatus Modifications

The Uneven Bars will raise 5cm. (LB – 170cm & HB – 250cm)

• Article 5

Element will not be considered different if they take off one or two legs (refers to jumps)

• Fall Time Ruling

Uneven Bars

30 secs is permitted following a fall from the apparatus..

Balance Beam

10 secs is permitted following a fall from the apparatus.

• Elements

Uneven Bars

- Elements with 540° the turn must be in one direction ; if $\frac{1}{2}$ -1/1 then the value of the element is the same as 1/1.
- 6.204 has been deleted

Balance Beam

- Wolf Jumps will be “A” value of 1 or 2 legs
- Wolf jumps with $\frac{1}{2}$ or $\frac{3}{4}$ turn will be “B” value
- All wolf jumps will be placed in the same box as tuck jumps and will be considered the same
- Therefore a tuck jump $\frac{1}{2}$ will be considered the same as a wolf jump $\frac{1}{2}$; a tuck jump 1/1 will be the same as a wolf jump 1/1
- Johnston Leap with $\frac{1}{4}$ turn has been deleted and the Change Leg with $\frac{1}{2}$ turn will be given “D” value
- The chen flic (including mount) has been removed from the code

Floor Exercise

- Wolf jumps and tuck jumps will be placed in the same box and therefore considered the same
- Note as per article 5 jumps from one or two legs will be considered the same

Changes to National Levels Code of Points – March 2002

Please note the original changes to timing of falls on bars and beam has been revised.
The following information is correct as at 27th March 2002

1. Special Requirements

Now 5 on each apparatus.

Delete the following:

Uneven Bars – LB “B” element

Balance Beam – Hold Element

Floor – One Acrobatic Series

2. Apparatus Modifications

Bars may now be raised 5cm WITHOUT seeking permission (LB – 165 or 170cm & HB – 245 or 250cm)

NB – BOTH bars must be at either the lower or the higher height

3. Fall Time

▪ Uneven Bars

30 secs is permitted following a fall from the apparatus. A warning sound will be given at 10 and 20 second mark.

▪ Balance Beam

10 secs is permitted following a fall from the apparatus.

These changes will come into effect IMMEDIATELY

REPORT ON USA TOUR JAN 9 – 23, 2002

Sue Synnot

<u>Level 9</u>	Emma Lunch	NSW
	Tiffany Mitchell	QLD
	Jacque Robson	NSW
	Lara Ware	NSW
	Peter England (Coach)	NSW
<u>Level 10</u>	Anthea Hewett	ACT
	Zoe Hewett	ACT
	Melissa Santo	VIC
	Lynn Silcock	VIC
	Stacey Weston	VIC
	Bret Nicholas (Coach)	VIC

The tour began well with all flights coinciding well and all girls being met as arranged.

Visalia – Central Californian Gymnastics Institute

We were very well looked after on arrival and an itinerary was organised for our visit. One coach, Jessica, took us to the beach house at Cayucos and then took us around the area for the next 3 days. CCGI had organised training for us at Central Coast Gymnastics in San Luis Obispo and a local TV crew arrived to put us on the 6 o'clock news.

When we returned to Visalia the girls went home with their billets. No problems occurred in either the allocation of the girls or how they responded to their host families.

Competition was large. Level 9-41 gymnasts and Level 10-32 gymnasts. It was held in an auditorium that was well set up and also had electronic scoring. Level 9 and 10 competition was in 2 different sessions each with 4 groups with 15 – 20 gymnasts in each group. They split warm-up and competition for each group. This seemed to work well and the competition moved well.

Presentations were done in a separate room to allow the next session to begin warm-up.

Presentations were given to 15th place and in separate age groups also.

Team 2nd

Jacque Robson	1 st AA	Tiffany Mitchell	4 th AA
	1 st VT		3 rd VT
	2 nd UB		5 th UB
	2 nd BB		12 th BB
	9 th FX		13 th FX
Lara Ware	3 rd AA	Emma Lynch	4 th AA
	4 th VT		8 th VT
	4 th UB		3 rd UB
	5 th BB		8 th BB
	2 nd FX		5 th FX

Level 10 session was 2nd and Zoe injured her right foot on her first pass on floor, our first apparatus. Unfortunately it was too sore to continue the competition.

Team 3rd

Stacey Weston	4 th AA	Lynn Silcock	5 th AA
	6 th UB		2 nd VT
	4 th BB		4 th BB
	2 nd FX		3 rd FX
Melissa Santo	2 nd AA	Anthea Hewett	2 nd UB
	1 st VT		

2nd UB
 5th BB
 4th FX

The day after competition we had light training and then the girls spent time with their host families. Our last day in Visalia had been organised for the girls to go to school with their billets and some of us to go sightseeing. The girls were well looked after by their host families. Bret, Peter and I stayed in the Holiday Inn for 2 nights and then stayed at Link Franzini's house for the remaining 2 nights.

San Francisco – Golden Gate Gymnastics

Another coach transfer but this time a problem with payment. Jane organised it from Australia on our arrival and solved the problem.

Golden Gate Gymnastics were less organised than CCGI. We were left to ourselves for 5-6 hours on arrival until the host families arrived for training. Bret, Peter and I to stay with Tracee Talavera, but she had only expected one of us. It ended up being no problem. There was no general itinerary organised for us so it became a little difficult to do things as a group. The girls trained each afternoon at the same time as their billets.

Competition was not as large as the Ice Breakers competition. 11 Level 10s, 1 Elite and 13 Level 9s. 4 groups of about 6 gymnasts. It was held in the gym with the extra equipment put into a hired container in the car park. Levels 9, 10 and Elite (1 gymnast) were all in the one session and competed for the same team award, but Apparatus and AA were divided into levels.

Level 9 Team – 3rd

(The team did not get an award as only 1 team per club could get a prize)

Jacque Robson	1 st AA	Tiffany Mitchell	2 nd AA
	2 nd VT		1 st VT
	2 nd UB		4 th UB
	4 th BB		5 th BB
	1 st FX		5 th FX
Lara Ware	5 th AA	Emma Lynch	11 th AA
	8 th VT		12 th VT
	3 rd UB		6 th UB
	8 th BB		12 th BB
	2 nd FX		10 th FX
Level 10 Team – 1 st			
Stacey Weston	4 th AA	Lynn Silcock	3 rd AA
	9 th VT		5 th VT
	8 th UB		4 th UB
	2 nd BB		4 th BB
	2 nd FX		8 th FX
Melissa Santo	5 th AA	Anthea Hewett	7 th AA
	2 nd VT		6 th VT
	7 th UB		2 nd UB
	9 th BB		7 th BB
	4 th FX		11 th FX
Zoe Hewett	4 th UB		

We all went to Alcatraz the next day. On, Monday, our last day, Bret trained Melissa and Lynn before meeting at the airport.

Overall comments

Billets (girls) – excellent in both places and the best way to experience the country.

Billets (coaches) – Very hospitable but very expensive as we ate at restaurants every night for 2 weeks. Maybe in future to be billeted with a gymnasts family would be better so as to get some home cooked food.

Ice Breakers – Fantastic competition and hospitality. They are looking at a trip here. Would highly recommend this competition again.

Golden Gate- Good competition. Less gymnasts but being in San Francisco was good tourist wise.

Tour overall – All girls were terrific ambassadors and it was an excellent tour. Thank you to Karen for the huge organization to enable it to run. Except for the cost factor, I would highly recommend an overseas trip for this tour. Perhaps some fundraising ideas can be promoted/packaged for the girls who should be going (top 5) but who cannot afford it.

Thank you for the opportunity to experience this tour as Team Manager and to judge as well.

Sue Synnot

SUNDAY 19 th May	MONDAY 20 th May	TUESDAY 21 st May	WEDNESDAY 22 nd May	THURSDAY 23 rd May	FRIDAY 24 th May	SATURDAY 25 th May
<p>8.00AM – 8.00PM <i>Podium Training</i></p> <p>INTERNATIONALS</p> <p>11.00AM ORIENTATION MEETING <i>(Internationals)</i></p>	<p>8.00AM – 8.00PM <i>Podium Training</i></p> <p>LEVELS</p> <p>11.00AM ORIENTATION MEETING <i>(Levels)</i></p>	<p>8.30AM General W/Up Sub-Jnr 3 Sub-Jnr 4</p> <p>10.30AM Sub-Jnr 3 Team Sub-Jnr 4 Team Competition</p>	<p>8.50AM General W/Up JUNIOR Int. SENIOR Int.</p> <p>11.00AM JUNIOR Int. Team SENIOR Int. Team Competition</p>	<p>7.30AM General W/Up Level 7 Session 1</p> <p>9.00AM Level 7 Team Competition</p> <p>10.30AM General W/Up Level 7 Session 2</p>	<p>8.30AM General W/Up Sub-Jnr 3 Sub-Jnr 4</p> <p>10.30AM Sub-Jnr 3 Finals Sub-Jnr 4 Finals Competition</p>	<p>8.20AM General W/up Level 7</p> <p>10.00AM Level 7 Finals Competition</p>
		<p>1.00PM General W/Up Level 8</p> <p>3.00PM Level 8 Team Competition</p>	<p>1.40PM General W/Up JUNIOR Nat.</p> <p>3.30PM JUNIOR Nat. Team Competition</p>	<p>12.00PM Level 7 Team Competition</p> <p>1.20PM General W/UP Level 8 Finals</p> <p>3.00PM Level 8 Finals Competition</p>	<p>1.10PM General W/Up JUNIOR Nat.</p> <p>3.00PM JUNIOR Nat. Finals Competition</p>	<p>12.20PM General W/Up Level 9</p> <p>2.00PM Level 9 Finals Competition</p>
		<p>5.50PM General W/UP Level 10</p> <p>7.30PM Level 10 Team Competition</p>	<p>5.00PM General W/UP Level 9</p> <p>7.00PM Level 9 Team Competition</p>	<p>4.50PM General W/Up JUNIOR Int. SENIOR Int.</p> <p>7.00PM JUNIOR Int. AA SENIOR Int. AA Competition</p>	<p>5.20PM General W/UP Level 10</p> <p>7.00PM Level 10 Finals Competition</p>	<p>4.15PM General W/Up JUNIOR Int. SENIOR Int.</p> <p>6.00PM JUNIOR Int. C111 SENIOR Int. C111 Competition</p>