

## WOMEN'S NATIONAL PROGRAM - QUESTIONS, ANSWERS AND CLARIFICATIONS

### NATIONAL LEVELS 4 – 6 (15 September 2006)

The 2 main principles for Levels 4 – 6 are:

**\*If skill is attempted but technical requirements not met – deduct 0.50**

**\*Bonus will be given if skill meets technical requirements – regardless of executions deductions**

#### **General Code**

**Q:** Should we give bonus for skills with falls?

**A:** Follow the 4 – 6 principles – bonus is given if skill is performed to required technical specifications regardless of execution deductions. Therefore if skill is completed and then fall occurs we should give bonus eg flic on beam – completed then fall

**Q:** Can Core Skill and Bonus Skill both be performed and bonus given??

**A:** Yes

#### **Vault**

**Q:** Level 4 5.5 Vault that lands pop on vault?

**A:** Judge out of 5.00

#### **Bars**

**Q:** Level 4 – if gymnast does tuck flyaway dismount?

**A:** No core skill given, as this is not one of the skills listed.

**Q:** Level 6 – if gymnast does toeshoot front dismount?

**A:** No core skill given, as this is not one of the skills listed.

#### **Beam**

**Q:** Fall after skill completed, but there is no landing on Beam.

**A:** follow Levels 4 – 6 principles. The “attempted but not completed” is what we have done in this whole section and I think it will be more confusing if we go against this principle

**Q:** Pike hold – can this be done in straddle pike or in any other version of pike?

**A:** Yes, as long as there is a pike position, but it must be from squat through

#### **Floor**

**Q:** Passage of dance – if one element is missing do we deduct 0.50 or 0.50 + 0.30 for “connection”?

**A:** Deduct 0.50 + 0.30

### INTERNATIONAL LEVELS (15 September 2006)

#### **Vault**

**Q:** What are the vault rules for International 10 & Junior International?

**A:** As per what was published in June Bulletin - to perform 2 vaults - FIG principles, Competition 3 rules. Two vaults must show a different 2<sup>nd</sup> flight phase – a different direction of salto (fwd, bwd) in the 2<sup>nd</sup> flight phase or 2<sup>nd</sup> flight phase without salto.

#### **Beam**

For International Level 10 and Junior International – acro series on beam must be dynamic “ true acro series”. 0.50 deduction for series which are not dynamic (This was also published in June Bulletin)

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