



Gymnastics Australia
Women's Artistic Gymnastics

Technical Bulletin

February 2005

TO:

- WAG SMC Members
- WAG Levels Committee
- State Technical Directors
- GA Board Members
- FIG WTC Member
- State Associations
- Core Elite Programs
- Development Elite Programs

CONTENTS:

- International Events
- Up and Coming Events
- 2005 Calendar
- 2005 Australian Championships
- 2005 Technical Handbook
- National Levels 4 – 6 Review
- 2004 Judges Course Results
- National Levels Coach of the Year

ATTACHMENTS:

- A. FIG Code of Points Information
- B. FIG WTC Minutes December 2004
- C. FIG Flash January 2005
- D. 2005 Calendar
- E. 2005 Australian Championship Schedule
- F. 2005 National Clubs Schedule
- G. National Levels Coach of the Year – Nomination Form

FROM THE TECHNICAL DIRECTOR:

Our first event for 2005, the AYOF, is complete and again our Australian athletes were very successful. By now all States will be organizing their trials for Australian Championships. This event will again be held at Olympic Park in Sydney. National Clubs this year will be very much "The Beach" event as it is being hosted by Gymnastics Queensland at Caloundra. Our major event for 2005 will be World Championships in Melbourne in November – a fantastic opportunity for the Australian gymnastics community to see the World's best. The year will continue using the current FIG Code. The intent is for our International gymnasts to compete in 2006 on the new Code and for our levels gymnasts to compete on the current Code until after Australian Championships in 2006.

Helen Colagiuri
WAG National Technical Director

1. International Events

Australian Youth Olympic Festival - Sydney (20 – 23 January 2005)

Congratulations to the following athletes and coaches on their results from AYOF held in Sydney.

Team A

| | |
|---------------|-----|
| Hollie Dykes | QLD |
| Daria Joura | WA |
| Chloe Sims | QLD |
| Hayley Wright | QLD |

Team B

| | |
|-------------------|-----|
| Melody Hernandez | NSW |
| Casey McDonnell | NSW |
| Jasmine Webb | QLD |
| Victoria Williams | NSW |

Peggy Liddick – Head Coach
Alexandre Belousov
Olga Belousov
Martine George
Xin Min Guo
Stacey Umeh Lees

Team A & B placed 2nd and 3rd to China respectively and Chloe Sims won Gold in the All Around Event and also 3 Apparatus (Vault, Bars and Beam), Daria Joura taking the Gold on Floor.

For a full set of results please refer to Gymnastics Australia Website – www.gymnastics.org.au

2. Up and coming events

USA Tour , Los Angeles (8 – 23 February)

The following athletes have headed to LA to participate in the 2005 City Surf Classis (SCATS Invitational) – 11 – 13 February and the Light, Camera, Action (All Olympians Invitational) 18 – 20 February.

| | |
|---------------|-----|
| Hayley Wright | QLD |
| Jasmine Webb | QLD |
| Lynn Silcock | VIC |

Coaches

Peggy Liddick – National Coach
Olga Belousov

We wish the girls and their coaches all the best of luck for both events.

3. 2005 Calendar

See Attached – Attachment D

4. 2005 Australian Championships

Draft Program Attached – Attachment E.

Please note the program has been extended by one day finishing with the Awards Dinner on Sunday night – 22 May 2005.

5. 2005 National Club Championships

The 2005 National Club Championships are being hosted by Gymnastics Queensland from 21 – 25 September 2005 in Caloundra.

More details can be found on the Gymnastics Queensland Website - www.gymqld.org.au

Draft Schedule attached – Attachment F.

Rules for this event are set out in the WAG 2005 Technical Handbook.

6. 2005 Technical Handbook

The WAG 2005 Technical Handbook is available on the Gymnastics Australia Website. Please ensure you refer to this document for all National Competition Rules and Regulations

www.gymnastics.org.au/gymsports/wag/technicalinfo.htm#admin

7. National Levels 4 – 6 Review

In November a workshop was held in Melbourne, with representatives from all States, for the purpose of reviewing the National Level 4 - 6 Structure and Requirements. The outcome of the review was a structure for National Level 4 - 6 based on Core Skills, Bonus Skills and Encouragement Skills. The changes made will take effect as of 1 January 2005 and can be downloaded from the GA Website.

There is also a Question and Answer page set up on the website for any questions or

clarifications you may need. Please email questions to kmyers@gymnastics.org.au

Information can be found - www.gymnastics.org.au/gymsports/wag/technicalinfo.htm#coaches

Special thank you to:
Belinda White, Michelle Yardley, Desiree Jones, Heidi Rose, Kylie Shadbolt, Trisha Butler, Susie Anderson, Nikki Cochrane, Caroline Corazza, Nicole Colev, Anne Scott, David Hill, Tracy Hortin, Helen Colagiuri, Jill Wright, Jean Lang and Sue Synnot for all the time they committed to the development of the National Level 4 – 6 structure and requirements.

A new edition of the CD will be available from the Gymnastics Australia Gymshop shortly.

8. 2004 Judges Course Results

Congratulations to the following judges who participated in the National Judges Courses held in December last year in Canberra.

National Int 6 & 8

| | |
|------------------|-----|
| Carolyn Edebohls | VIC |
| Regan Molyneaux | VIC |

National 2

| | |
|---------------------|-----|
| Carlene Bourandanis | ACT |
| Sarah Drovandi | QLD |
| Carolyn Edebohls | VIC |
| Rachel Hill | VIC |
| Angela Jackson | QLD |
| Melissa Leckie | SA |
| Emma Marley | QLD |
| Regan Molyneaux | VIC |
| Darren Webster | VIC |
| Zhenya Welyczko | NSW |
| Elin Williams | ACT |

National 1

| | |
|------------------|-----|
| Caroline Corazza | ACT |
| Sue Morton | ACT |

9. GA/AIS Olympic Squad

Following the introduction of a Women's Artistic Camps Based Scholarship Program at the Australia Institute of Sport, the Elite Management Committee have implemented

an additional level to the National Squad Structure being the GA/AIS Olympic Squad.

The following athletes are currently members of the GA/AIS Olympic Squad:

Alyce Arrowsmith (AIS/QAS/MBC)
Monique Blount (AIS)
Hollie Dykes (AIS)
Daria Joura (AIS/WAIS)
Casey McDonnell (AIS)
Karen Nguyen (AIS/VIS)
Monette Russo (AIS/VIS)
Chloe Sims (AIS/QAS/MBC)
Hayley Wright (AIS/QAS)

These athletes as members of the GA/AIS Olympic Squad are AIS Camps Based Scholarship holders up until May 2005 when the squad is reviewed following results from the Australian Championships.

National Squad member information can be found on the GA Website.

10. National Levels Coach of the Year

Nominations for the WAG National Levels Coach of the Year are being called for. Nominations need to be returned to the Gymnastics Australia Office by **no later than 8 April 2005.**

Nomination Form – Attachment G .

Coaches must have coached at least 3 National Championships to be eligible.