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SA RG SMC 2015 EVENT HANDBOOK AND TECHNICAL REGULATIONS

SOUTH AUSTRALIAN RHYTHMIC GYMNASTICS CLUBS

AELITA RHYTHMIC GYMNASTICS INC
Westbourne Park Community Centre
418 Goodwood Rd
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ALLEGRO RHYTHMIC GYMNASTICS INC
LeFevre Community Stadium
Corner Victoria Road and Marmora Terrace
OSBORNE SA 5017

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WOODVILLE PARK SA 5011
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HOLDFAST BAY RHYTHMIC GYMNASTICS
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FB: https://www.facebook.com/holdfastbayrg

KARA KARA RHYTHMIC SPORTIVE GYMNASTIC CLUB INC
Norwood/Morialta High School Gym
Grantley Ave South
ROSTREVOR SA 5073

CONTACT
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W: http://karakararg.com
FB: www.facebook.com/KaraKararythmicgymnasticsClub
MITCHAM RHYTHMIC GYMNASTIC CLUB INC
Urrbrae Agricultural High School Gym
Cross Road
NETHERBY SA 5062

CONTACT
PO Box 14
HIGHGATE SA 5063
E: mitcham@gymnastics.org.au
M: 0420 814 744
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TANJULE RHYTHMIC GYMNASTICS CLUB INC
Hallett Cove R-12 School Gym
Gledsdale Road
HALLETT COVE SA 5158

CONTACT
Julie Mieinski
9 Hedgerow Crescent
HALLETT COVE SA 5158
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FB: http://www.facebook.com/tanjule_rg.club

TEMARIKA RHYTHMIC GYMNASTIC CLUB INC
Playford Hall
Fremont-Elizabeth High School
Philip Highway
ELIZABETH SA 5112

CONTACT
Teresa Evans
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WEST CROYDON SA 5008
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VENIA GYMSPORTS INC
Marion Leisure & Fitness Centre
Corner Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043
AND
Payneham Youth Centre
Turner Street
FELIXSTOW SA 5070

CONTACT
Kate Johnson
c/- 26 North Parade
KINGSWOOD SA 5062
M: 0422 110 764
Ph/Fax: 08 8272 7541
E: info@veniagymsports.com
W: www.veniagymsports.com
## COMMITTEES

### NATIONAL COMMITTEES

### National Gymsport Commission

<table>
<thead>
<tr>
<th>Position</th>
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<tbody>
<tr>
<td>National Technical Director</td>
<td>Virginia Elliot (NSW)</td>
<td><a href="mailto:velli@ozemail.com.au">velli@ozemail.com.au</a></td>
</tr>
<tr>
<td>National Judging Coordinator</td>
<td>Teresa Evans (SA)</td>
<td><a href="mailto:tevans@gymnastics.org.au">tevans@gymnastics.org.au</a></td>
</tr>
<tr>
<td>National Commission Member</td>
<td>Krasi Yurukova (WA)</td>
<td><a href="mailto:Krasi.rg@optusnet.com.au">Krasi.rg@optusnet.com.au</a></td>
</tr>
<tr>
<td>National Commission Member</td>
<td>Stephanie Schahinger (SA)</td>
<td><a href="mailto:stephanies@adam.com.au">stephanies@adam.com.au</a></td>
</tr>
<tr>
<td>National Program Manager</td>
<td>Emily Rennes (NSW)</td>
<td><a href="mailto:erennes@gymnastics.org.au">erennes@gymnastics.org.au</a></td>
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### STATE COMMITTEES

### Sports Management Committee (SMC)

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<tr>
<th>Position</th>
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<tr>
<td>State Technical Director (Chair)</td>
<td>Kara Foubert (Holdfast Bay)</td>
<td>M: 0400 877 808</td>
</tr>
<tr>
<td>State Judging Coordinator</td>
<td></td>
<td>E: <a href="mailto:holdfastbayrg@gmail.com">holdfastbayrg@gmail.com</a></td>
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<tr>
<td>State Coaching Coordinator</td>
<td>Kate Johnson (Venia)</td>
<td>E: <a href="mailto:rg-jets@hotmail.com">rg-jets@hotmail.com</a></td>
</tr>
<tr>
<td>Committee Members</td>
<td>Romana Becker (Allegro)</td>
<td>E: <a href="mailto:romros@optusnet.com.au">romros@optusnet.com.au</a></td>
</tr>
<tr>
<td></td>
<td>Julie Miecinski (Tanjuile)</td>
<td>E: <a href="mailto:juliemkkb2@bigpond.com">juliemkkb2@bigpond.com</a></td>
</tr>
<tr>
<td></td>
<td>Ksenia Leonova (Aelita)</td>
<td>E: <a href="mailto:kseleonova@yandex.ru">kseleonova@yandex.ru</a></td>
</tr>
<tr>
<td></td>
<td>Chelsea White (Mitcham)</td>
<td>E: <a href="mailto:chelsea_xx_1993@hotmail.com">chelsea_xx_1993@hotmail.com</a></td>
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### SMC Sub-Committees

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<tr>
<th>Position</th>
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<tr>
<td>Administrative</td>
<td>Chair (Technical Director)</td>
<td>Kara Foubert (Holdfast Bay)</td>
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<tr>
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<td>Project Officer</td>
<td>Kate Johnson (Venia)</td>
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<td>Vacant</td>
</tr>
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</table>

SA RG SMC 2015 EVENT HANDBOOK AND TECHNICAL REGULATIONS
Coaching Committee
Chair (Coaching Coordinator) Kate Johnson (Venia) M: 0422 110 764 E: rg-jets@hotmail.com
Project Officer Ksenia Leonova (Aelita) E: kseleonova@yandex.ru
Project Officer Chelsea White (Mitcham) E: chelsea_xx_1993@hotmail.com
Project Officer Julie Miecinski (Tanjule) E: julemkkb2@bigpond.com

Events Committee
Chair Caroline Schahinger (Temarika) M: 0400 879 477 E: mcgrath.schah@bigpond.com
Project Officer Lisa Sienkiewicz (Tanjule) E: sink20@hotmail.com
Project Officer Sharyn van Zuydam (Venia) E: csvanzuydam@optusnet.com.au
Project Officer Vacant
Project Officer Vacant
Project Officer Vacant

State Team Committee
Chair (Technical Director) Kara Foubert (Holdfast Bay) M: 0400 877 808 E: holdfastbayrg@gmail.com
Project Officer Barbara Lyndon (Venia) E: lyndonfam7@bigpond.com
Project Officer Erin Pankoke (Venia) E: ezhasleftsa@hotmail.com
State Team Manager Jacqui Dunn (TTG) E: jacquidunn@hotmail.com
Project Officer Vacant
1. PURPOSE
The sport of Rhythmic Gymnastics (RG) in South Australia (SA) will be run by the South Australian Rhythmic Gymnastics Sports Management Committee (SA RG SMC). The role of the SA RG SMC is to control all technical matters as well as the day-to-day management of the sport of Rhythmic Gymnastics in line with the Gymnastics South Australia Sports Management Committee By Law.

2.1 Member Position Descriptions
Please refer to Gymnastics SA Constitution on the website.

1.1.1 Technical Director
1.1.2 Judging Coordinator
1.1.3 Coaching Coordinator
1.1.4 Event Coordinator
1.1.5 General Member

2. SA RG SMC SUB-COMMITTEES

2.1 Standing Sub-Committees
The SA RG SMC will have the following Sub-Committees:

- Administrative
- Judging
- Coaching
- Events
- State Team

2.2 Administrative Sub-Committee

2.2.1 Function
The function of the Administrative Sub-Committee is to:

1. Review/Update/Create the Technical Regulations for the sport of RG in SA
2. Review guidelines and rules pertaining to competitions and events
3. Prepare the Budget
4. Prepare the Calendar

2.2.2 Composition
- Technical Director (Chair)
- A minimum of 2 and a maximum of 3 Project Officers

Members can be from any club and are not required to be technical members of GSA or SA RG SMC members.

2.2.3 Appointment
The SA RG SMC will appoint members, via an Expression of Interest (EOI) process, from those interested parties with relevant experience.

2.2.4 Meetings
Meetings will be called at times and locations to suit the Committee Members.

2.3 Judging Sub-Committee

2.3.1 Function
The function of the Judging Sub-Committee is to assist the Judging Coordinator in all their duties as required, which includes:

- Coordinating all judging for GSA RG events
- Organising scoring programs & result dissemination
• Coordinating judges’ education and updating requirements
• Providing guidance where appropriate to the RG Community

2.3.2 Composition
• Judging Coordinator (Chair)
• A minimum of 2 and a maximum of 3 Project Officers

Members can be from any club but must be qualified and registered RG Judges.

2.3.3 Appointment
The Judging Coordinator will be appointed as the Chair.

The SA RG SMC will appoint members, via an Expression of Interest (EOI) process, from those interested parties with relevant experience.

2.3.4 Meetings
Meetings will be called at times and locations to suit the Sub-Committee Members.

2.4 Coaching Sub-Committee

2.4.1 Function
The function of the Coaching Sub-Committee is to assist the Coaching Coordinator in all their duties as required, which includes:
• Ensuring that the on-going educational requirements of coaches are met
• Coordinating coaching needs
• Liaising with the Head Coach in order to coordinate State Team Training
• Providing guidance where appropriate to the RG Community

2.4.2 Composition
• Coaching Coordinator (Chair)
• A minimum of 2 and a maximum of 3 Project Officers

Members can be from any club but must be qualified and registered RG Coaches.

2.4.3 Appointment
The Coaching Coordinator will be appointed as the Chair.

The SA RG SMC will appoint members, via an Expression of Interest (EOI) process, from those interested parties with relevant experience.

2.4.4 Meetings
Meetings will be called at times and locations to suit the sub-Committee Members.

2.5 Events Sub-Committee

2.5.1 Function
The function of the Events Sub-Committee is to:
• Coordinate and ensure the smooth running of all RG events in SA
• Liaise with the Judging Committee in order to coordinate RG events in SA

2.5.2 Composition
• A minimum of 3 and a maximum of 6 Project Officers
• The Project Officers will appoint a Chair from amongst themselves

Members can be from any club and without any technical qualifications.
2.5.3. Appointment
The SA RG SMC will appoint members, via an Expression of Interest (EOI) process, from those interested parties with relevant experience.

2.5.4. Meetings
Meetings will be called at times and locations to suit the Sub-Committee Members.

2.6 State Team Sub-Committee

2.6.1 Function
The function of the State Team Sub-Committee is to:

- Coordinate the needs of the State Team for Nationals

2.6.2. Composition
- Technical Director (Chair)
- A minimum of 2 and a maximum of 4 Project Officers

Members can be from any club and without any technical qualifications.

2.6.3. Appointment
The SA RG SMC will appoint members, via an Expression of Interest (EOI) process, from those interested parties with relevant experience.

2.6.4. Meetings
Meetings will be called at times and locations to suit the Sub-Committee Members.

2.7 Non-Standing Sub-Committees

2.7.1. Function
The SA RG SMC may appoint Sub-Committees as required with the power of co-option. The functions of which may include:

- Executing the decisions made by the SA RG SMC
- Undertaking technical projects
- Conducting research and development activities in the interest of Rhythmic Gymnastics
- Developing guidelines and rules for the education of gymnasts, judges and coaches
- Arranging Workshops

2.7.2 Meetings
Meetings will be called at times and locations to suit the Sub-Committee Members.

2.8 State Team Selection Panel

The SA RG State Team Selection Panel shall consist of the persons nominated in the positions of Technical Director/Chairperson, Coaching Coordinator and Judging Coordinator. The Gymnastics SA State Director or nominated person will chair the Selection Panel.

The Selection Panel as a whole may consult with a coach or coaches however no individual member of the Selection Panel may consult with or discuss the deliberations of the Selection Panel with any athlete, coach or any other person prior to or after the Selection Panel has reached its decision.
3 SA RG SMC MEETINGS

3.1 SA RG SMC Meetings
   a) Subject to rule 9.1(b), the SA RG SMC members may meet together for conducting business, adjourn and otherwise regulate their meetings as they think/see fit.
   b) The SA RG SMC must meet at least 10 times in each calendar year.
   c) All SA RG SMC meetings are only open to SA RG SMC members; however, the Technical Director may, at their discretion, invite persons who are not SA RG SMC members to participate at SA RG SMC meetings.

3.2 Questions Decided by Majority
   A question arising at a SA RG SMC meeting is to be decided by a majority of votes of the members present in person or by proxy and entitled to vote (one vote per club/member).

3.3 Member Attending and Voting by Proxy
   An SA RG SMC member who is unable to attend an SA RG SMC meeting or vote may appoint another SA RG SMC member or member of their club as their proxy providing that the proxy has been appointed in writing and signed by the appointer.

   The appointment must be for a particular SA RG SMC meeting or vote.

3.4 Chair’s Casting Vote
   The chair of the meeting will have the casting vote.

3.5 Quorum
   51% of SA RG SMC members present in person constitutes a quorum. When failure to meet a quorum occurs the Technical Director has the right to appoint the GSA State Director or a GSA staff member to fulfil quorum requirements.

3.6 Convening Meetings
   The SA RG SMC meetings will be convened as per the GSA Calendar, or by the Technical Director as appropriate.

3.7 Technical Director to Preside at SA RG SMC Meeting
   The Technical Director is entitled to preside as Chair at SA RG SMC meetings.

   If the Technical Director is not present and able and willing to act within 15 minutes after the time appointed for a meeting or has signified an intention not to be present and able and willing to act, the following may preside as Chair:
   - A member chosen by a majority of the members present.

3.8 Circulating Resolutions
   The Technical Director may pass a resolution without an SA RG SMC meeting being held if all of the members who are entitled to vote on the resolution sign a document containing a statement that they are in favour of the resolution set out in the document.

   Separate copies of the document may be used for signing by the members if the wording of the resolution and statement is identical in each copy. The resolution is passed when the last member signs.

3.9 Minutes
   The members must cause minutes of meetings to be made. The minutes are approved by the Technical Director and then circulated to members.
### 2015 CALENDAR

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<th>JANUARY</th>
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### Specific Events
- **New Year’s Day**
- **Good Friday**
- **Easter Saturday**
- **Easter Monday**
- **Queen’s Birthday**
- **SMC**
- **Definitive Entries Due**
- **State Team Training #1**
- **State Team Training #2**
- **Upgrade 3 - 6**
- **Anzac Day**
- **Term 1 Ends**
- **Term 2 Commences**
- **Anzac Day**
- **Adelaide Cup Day**
- **Australia Day**
- **Term 1 Commences**
- **Provisional Entries Due**
- **F1/F2 / GROUP EVENT #1**
- **NATIONALS**

**Notes:**
- **SMC Events** are indicated with "SMC" in the schedule.
- **NATIONALS** events are highlighted in yellow.
- **F1/F2 / GROUP EVENT #1** events are highlighted in orange.
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<tr>
<td>SAT</td>
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<tr>
<td>SUN</td>
<td>5</td>
<td>2</td>
<td>6</td>
<td>Fathers’ Day</td>
<td>4</td>
<td>1 STATE MULTIPLES 7am – 6pm Orange Stadium</td>
</tr>
<tr>
<td>MON</td>
<td>6</td>
<td>3</td>
<td>7</td>
<td>5</td>
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<tr>
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<td>6</td>
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<td>8</td>
<td>5</td>
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<tr>
<td>FRI</td>
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<td>7</td>
<td>11</td>
<td>9</td>
<td>6</td>
<td>11 Term 4 Ends</td>
</tr>
<tr>
<td>SAT</td>
<td>11</td>
<td>8</td>
<td>12</td>
<td>Level 3 – 6 #3</td>
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<td>7</td>
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<tr>
<td>SUN</td>
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<td>9</td>
<td>13</td>
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<td>11</td>
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</tr>
<tr>
<td>MON</td>
<td>13</td>
<td>10</td>
<td>14</td>
<td>Term 4 Commences</td>
<td>9</td>
<td>14</td>
</tr>
<tr>
<td>TUE</td>
<td>14</td>
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<td>15</td>
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<td>16</td>
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<td>11</td>
<td>16</td>
</tr>
<tr>
<td>THU</td>
<td>16</td>
<td>13</td>
<td>17</td>
<td>National Clubs Carnival</td>
<td>15</td>
<td>12</td>
</tr>
<tr>
<td>FRI</td>
<td>17</td>
<td>14</td>
<td>18</td>
<td>16</td>
<td>13</td>
<td>18</td>
</tr>
<tr>
<td>SAT</td>
<td>18</td>
<td>15 Level 3 – 6 #2 12pm – 6pm</td>
<td>19</td>
<td>17</td>
<td>14 Term 4 Ends</td>
<td></td>
</tr>
<tr>
<td>SUN</td>
<td>19</td>
<td>16 Level 3 – 6 #2 7am – 6pm</td>
<td>20</td>
<td>18 STATE DEVELOPMENT CLINIC</td>
<td>15 F1/F2 / GROUP EVENT #2</td>
<td>20</td>
</tr>
<tr>
<td>MON</td>
<td>20</td>
<td>Term 3 Commences</td>
<td>17</td>
<td>19</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>TUE</td>
<td>21</td>
<td>18</td>
<td>22</td>
<td>20</td>
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<td>19</td>
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<td>21</td>
<td>18</td>
<td>23</td>
</tr>
<tr>
<td>THU</td>
<td>23</td>
<td>20</td>
<td>24</td>
<td>22</td>
<td>19</td>
<td>24 Christmas Eve</td>
</tr>
<tr>
<td>FRI</td>
<td>24</td>
<td>21</td>
<td>25 Term 3 Ends</td>
<td>23</td>
<td>20</td>
<td>25 Christmas Day</td>
</tr>
<tr>
<td>SAT</td>
<td>25</td>
<td>Level 3 – 6 #1 3.30 – 7pm</td>
<td>22</td>
<td>26</td>
<td>24</td>
<td>21</td>
</tr>
<tr>
<td>SUN</td>
<td>26</td>
<td>Level 3 – 6 #1 7am – 6pm</td>
<td>23</td>
<td>27</td>
<td>25</td>
<td>22</td>
</tr>
<tr>
<td>MON</td>
<td>27</td>
<td>24</td>
<td>28</td>
<td>26</td>
<td>23</td>
<td>28 Proclamation Day</td>
</tr>
<tr>
<td>TUE</td>
<td>28</td>
<td>25</td>
<td>29</td>
<td>27</td>
<td>24</td>
<td>29</td>
</tr>
<tr>
<td>WED</td>
<td>29</td>
<td>26</td>
<td>30</td>
<td>28</td>
<td>25</td>
<td>30</td>
</tr>
<tr>
<td>THUR</td>
<td>30</td>
<td>27</td>
<td>29</td>
<td>26</td>
<td>26</td>
<td>31 New Year’s Eve</td>
</tr>
<tr>
<td>FRI</td>
<td>28</td>
<td>30</td>
<td>31</td>
<td>27</td>
<td>27</td>
<td>30</td>
</tr>
<tr>
<td>SAT</td>
<td>29</td>
<td>31</td>
<td>28</td>
<td>28</td>
<td>28</td>
<td>31</td>
</tr>
<tr>
<td>SUN</td>
<td>30</td>
<td>30</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td>MON</td>
<td>31</td>
<td>30</td>
<td></td>
<td>30</td>
<td>30</td>
<td></td>
</tr>
</tbody>
</table>
RG SPECIFIC EVENT RULES & PROCEDURES

These rules & procedures are RG specific and must be read in conjunction with the GSA Competition Policy.

1. ENTRY POLICY

1.1. Eligibility
Competitors must meet the event criteria as set by the SA RG SMC.

1.2. Entry Forms
The SA RG SMC will provide GSA with the entry forms required for use by all clubs for all GSA sanctioned events.

In addition to GSA, entries must also be emailed to the SA RG SMC Events Committee and the SA RG SMC Judging Committee.

1.3. Closing Dates
Entries for a GSA sanctioned event must be received by GSA no later than the Monday four weeks prior to the date of the event, unless otherwise specified by the SA RG SMC.

1.4. Withdrawals
Entries can be withdrawn no later than one week prior to the date of the event, minus a 10% administration fee. Any withdrawals within the week prior to the event or on the day of the event will still be charged the relevant entry fee, unless a valid medical certificate can be provided to GSA (refer to GSA Competition Policy).

1.5. Refunds
The refunding of 100% of an entry fee is possible under the following circumstance:
Should an injured athlete be part of a team/trio/group, forcing the team/trio/group team to be withdrawn, the team/trio/group members are entitled to a 100% refund of their entry fee.

1.6. Interstate Entries
Interstate clubs and programs that wish to compete in Gymnastics SA events need to comply with all competition requirements. They are also asked to send an email to the Technical Director/Chairperson to check suitability of entries and to ascertain if the event can accommodate the additional gymnasts on or before closing date of entries.

2. COMPETITORS

2.1 Age Requirement
Participation in State Championships requires the competitor to be turning six (6) years of age in the calendar year of the competition.

2.2. Level Progression
Competitors must progress through the RG Australian Levels Program in accordance with the State Award Testing Rules & Regulations. Entry into the GSA sanctioned event can be on provision of passing a level between date of entry and the event.

A competitor cannot compete individually in both the International and National streams in the one calendar year. This is not the case for Multiples.

Gymnasts who compete in trials and nationals in a composite group are eligible to compete in the multiples state championships later in the year in the appropriate division.
2.3. Event Attire
All competitors entered into a GSA sanctioned event must be suitably attired and adhere to all rules and regulations as set down by the SA RG SMC, RG ALP and FIG Code. Please note that Technical Deductions can apply for any breaches.

Competitors marching on are required to wear either club/competition leotard or full club tracksuit.

2.4. Routine Sheets
Routine sheets must be received by the Judging Coordinator no later than the final Monday prior to the date of the event (unless instructed otherwise).

2.5. Music
Music must be supplied on USB stick to the Events Committee by the last Monday prior to the GSA sanctioned event, unless instructed otherwise.

Music files must be in the format of either WAV or MP3 files.

The file name of each music file cannot exceed 260 characters and must be named as follows:

**Individuals Optional Routines**
- Level Apparatus Gymnast Name Club
- EXAMPLE: L10 Rope Sally Superstar HFB

**Individuals Club Set Routines**
- Level Apparatus Club
- EXAMPLE: L4 Ribbon TEM

**Multiples**
- Category Apparatus Names Club
- EXAMPLE: Cat1FXTrio SmithJonesJackson TAN
- For Junior and Senior Group also include the apparatus (rope, hoop, ball, clubs, ribbon)

Please use the relevant GSA sanctioned event club abbreviation for the Club.

Notwithstanding the above, a separate CD for each routine – containing a single recording of the music at the beginning of the CD – or a USB stick with music file(s) named as instructed above - should be taken to each GSA sanctioned event as a backup. This should be brought into the competition area by the coach as the routine is due to be performed. Below list are the official abbreviations to be used:

<table>
<thead>
<tr>
<th>Club</th>
<th>Abbreviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aelita</td>
<td>ALT</td>
</tr>
<tr>
<td>Allegro</td>
<td>ALG</td>
</tr>
<tr>
<td>Holdfast Bay</td>
<td>HFB</td>
</tr>
<tr>
<td>Kara Kara</td>
<td>KK</td>
</tr>
<tr>
<td>Mitcham</td>
<td>MIT</td>
</tr>
<tr>
<td>Tanjule</td>
<td>TAN</td>
</tr>
<tr>
<td>Temarika</td>
<td>TEM</td>
</tr>
<tr>
<td>Venia</td>
<td>VEN</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category 1</th>
<th>Category 2</th>
<th>Category 3</th>
<th>Category 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAT1GRP</td>
<td>CAT2GRP</td>
<td>CAT3GRP</td>
<td>CAT4GRP</td>
</tr>
<tr>
<td>CAT1TRIO</td>
<td>CAT2TRIO</td>
<td>CAT3TRIO</td>
<td>CAT4TRIO</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sub-Junior</th>
<th>Junior</th>
<th>Open</th>
<th>Senior</th>
<th>Group Gymnastics</th>
</tr>
</thead>
<tbody>
<tr>
<td>S-JNRGRP</td>
<td>JNRGRPHOOP</td>
<td>OPENGROUP</td>
<td>SNRGRPCLUBS</td>
<td>GGSILVER</td>
</tr>
<tr>
<td>JNRGPRCLUBS</td>
<td>SNRGRPBALLRIBBON</td>
<td>GGGOLD</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2.6 Code of Behaviour
All competitors must adhere to the GA General Code of Behaviour and GA Participant Code of Behaviour. Any competitor not abiding by these guidelines may be removed from the event, and not allowed to take further part in the event.

3. COACHES

3.1 Code of Behaviour
Coaches must abide by the GA Coaches Code of Ethics, and act in accordance to the RG ALP, FIG Code and Competition Etiquette.

4. JUDGES

4.1 Supply of Judges
Each club with entries in any session of a GSA sanctioned event must nominate at least one appropriately qualified judge for that session.

Each club with more than eight gymnasts in any session of a GSA sanctioned event must nominate at least two appropriately qualified judges for that session.

If a club has difficulties in supplying judges, they should consider approaching judges from other clubs who may be available. Requests for the use of a club’s judge should initially be made to the club.

Judges can only represent one club at any one event session.

If a club does not nominate any judges for a session in which they have entries, then a fine of $150.00 will be imposed in relation to that session.

If a club does not nominate a second judge for a session in which they have more than eight entries, then a fine of $75.00 will be imposed in relation to that session.

Newly affiliated rhythmic gymnastic clubs have two years to train/attain the services of appropriately qualified judges for events.

Interstate guests must supply appropriately qualified judges as per state regulations (listed above).

4.2 Judges’ Attire
All judges must wear navy and white. Any judge not wearing the appropriate attire can be asked to leave the judges panel.

4.3 Judges’ Meeting
Prior to any GSA sanctioned event commencing, the Judging Co-ordinator will specify a time for a compulsory judges’ meeting.

Judges failing to attend this meeting can be asked to leave the judges panel.

4.4 Code of Behaviour
All judges who take part in a GSA sanctioned event must abide by the GA Judges’ Code of Ethics and Judge’s Oath.

5. VOLUNTEERS

5.1 Provision of Volunteers
All clubs with entries in a GSA sanctioned event are expected to help with the running of the event by providing volunteers.

Clubs will be notified of the volunteer roles required when the Event Schedule is issued.
5.2. Nomination of Volunteers

Once clubs have been provided with the Event Schedule, they are required to email the name/s of the
volunteers they will provide to the SA RG SMC Events Committee by the final Thursday before the date of
the event.

5.3. Event Sign-in

At GSA sanctioned events, all volunteers are required to sign the Volunteers Sign-In Sheet for each
session at which they are volunteering.

Volunteers will receive free entry into the session for which they are a volunteer.

5.4 Event Personnel

All GSA sanctioned events require the following personnel:

5.4.1. Floor Manager

- Assist with the setting up and setting down of the venue.
- Ensure that the venue is set up ready for the event.
- Ensure that any required signage is placed around the event.
- Is responsible for overseeing the activities of the Door Person, Announcer, Music Co-ordinator and
  Marshal.
- Meet and greet the competition personnel and ensure that they know their roles and fulfil them
  correctly.
- Brief the coaches at each session of the event to advise them of any pertinent details to the
  session.
- Ensure that the Volunteer and Coaches sign-in sheets are completed accordingly.
- Ensure that all appropriate personnel are advised of any/all on-the-day withdrawals from the event.
- Ensure that the competition floor remains neat and tidy.
- Ensure that unauthorised personnel are promptly removed from the competition floor and warm-up
  areas.
- Ensure that the competition adheres to the work plan.
- Coordinate the march on and off of the gymnasts.
- Be on hand to deal with any issues that may arise on the day of the event.
- Organise the podium for and co-ordinate the medal presentations.
- Further duties as specified by the SA RG SMC at any future date.
- Assist the Marshall with Mat Orientation if required.

5.4.2. Door Person

- Arrive at the event at the time of warm-up.
- Place any required signage up around the entry to the event.
- Collect the float from the Floor Manager.
- Ensure that the Event Schedule and all sign-in sheets are placed on the table.
- Ensure that all coaches, judges & volunteers sign-in for the session.
- Collect the correct spectator entry fee for the event.
- Sell raffle tickets for the raffle prizes (when raffle is conducted).
- At the completion of every session hand door takings and raffle takings (if any) to Floor Manager or
  Events Committee member if next Door Person has not yet arrived, or competition has finished for
  the day.

5.4.3. Announcer

- Arrive at the event at the time of warm-up.
- Liaise with the Floor Manager throughout the session/event.
- Check the pronunciation of the names of all competitors and/or officials.
- Announce competitors to the floor after given the OK to proceed by the judges.
- Announce podium places at the completion of the session/event.
- Make any announcements deemed necessary on the day of the event.
5.4.4. **Music Co-ordinator**
- Arrive at the event at the time of warm-up.
- Organise music on the day of the event in order of the running order.
- Play any background music provided.
- Play the supplied march on music.
- At State Championships, play the National Anthem.
- Play the music in the order of work for the event.
- Liaise with the Floor Manager and Announcer to ensure the correct music is played for each competitor.
- Directly following the completion of the GSA sanctioned event, delete the music from the computer (including the Recycle Bin) on the day of the event.

5.4.5. **Marshal**
- Arrive at the event at the time of warm-up.
- Organise gymnasts for mat orientation and ensure correct gymnasts are on the floor at the correct time.
- Announce a warning stating one minute of mat orientation remains for current group of gymnasts.
- Ensure the coaches are following the times for mat orientation.
- Assemble the competitors in height order by club in alphabetical order for March on.
- Ensure the correct competitors are ready with the correct apparatus before they are placed on the floor.
- If required, place any spare apparatus required by the competitor/s around the edge of the floor as instructed by the competitor/s
- Place gymnasts on the floor after given the OK to proceed by the judges.
- Police the warm-up area to ensure that only authorised personnel (judges, coaches, volunteers and competitors) are allowed into the warm-up area.

5.4.6. **Scoring Personnel**
- Scoring Personnel are required for every event; however this is deemed to be a Judging Position and will, in the first instance, be filled by registered and qualified judges. If no judges are available to fill the position, then volunteers will be required to fill the positions.
- Be competent with data entry on a computer.
- Liaise with the Judging Co-ordinator at all times throughout the session/event.
- Check the judge’s chits as they are handed in for completeness. If unable to read or understand what has been written by the judge, then return the chit to the judge for clarification.
- Ensure that all scores have been handed in.
- Enter all scores into the scoring system and check to ensure they have all been entered correctly.
6. EVENT INFORMATION

6.1. Event Schedule
The SA RG SMC will endeavour to publish the Event Schedule within the week following the close of entries. This schedule will be sent to all clubs participating in the event.

6.2. Awards
At GSA sanctioned events, awards will be presented either at the end of each session or the completion of the competition.

6.3. Raffle Prize
Clubs with entries in State Championships & State Multiples sanctioned events are to provide a prize for raffling at those competitions, unless otherwise specified by the SA RG SMC.

6.4. Protests
No protests will be accepted on scores.

Protests will be received in writing for any extraneous incidents that happen during the event. These must be directed in the first instance to the Floor Manager who will notify the Judging Co-ordinator. A Head Judge on the relevant panel can also initiate a repeat of a routine should circumstances warrant.

6.5. Tie Breaker
Tie breaking rules will only apply in the event of equal scores for qualification into apparatus finals and L3-6 State Championships.

Ties will be broken in the following order from scores in round one:

- Average of ALL execution scores (including highest and lowest scores)
- The HIGHEST D score of the respective Apparatus
- The HIGHEST ranking in 1st round

6.6. Gymnast Forgets Routine
In the event that a gymnast entered in an Individual Competition leaves the competition floor area BEFORE their music has finished due to the fact that they have forgotten their routine, their routine will not be evaluated (score 0.00). They will then be ineligible for awards in any All Around Competition and/or any Individual Apparatus Competition for that Apparatus.

In the event that a gymnast entered in a Group Competition leaves the competition floor area BEFORE their music has finished due to the fact that they have forgotten their routine; and where a reserve is nominated, then the reserve must replace them for the remainder of the routine (refer to relevant ALP and/or FIG Code for any deductions). If there is no reserve, then the group/pair/trio cannot continue their routine and their routine will not be evaluated (score 0.00). The group/pair/trio would then be ineligible for any awards within their respective competition.
COMPETITION ETIQUETTE

This Etiquette applies to all South Australian Events

1. All Coaches, Judges, Volunteers, Gymnasts, Parents/Guardians and Spectators are expected to abide by the relevant GA Code of Ethics/Behaviour.

2. Only Judges, Coaches, Volunteers and Gymnasts are allowed in the warm up area at all times.

3. No communication is allowed with the Gymnast whilst performing.

4. Apparatus that has left the floor area can be stopped by a Spectator but not returned to the Gymnast.

5. Replacement Apparatus is to be placed near the floor area by the Gymnast, Coach or Marshal only.

6. All Volunteers must wear their lanyards to enable identification.

7. No flash photography is allowed whilst the gymnast performs.

8. Electronic devices (including Mobile phones, children’s electronic toys, etc) are to be switched off or switched to silent at all times during competition.

9. Spectators are not to move around the stadium whilst a Gymnast is performing.

10. Only the Official Marshal is to place Gymnasts on the Floor Area.

11. Gymnasts are to be handed over to their Coaches at the beginning of the Warm Up until their Coach dismisses them.

12. Clubs are reminded of the uniform requirements for March On.
FIRST STATE TEAM TRIAL

EVENT DATE
Sunday 1st March 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE  SA  5043

CLOSING DATE FOR ENTRIES
Monday 2nd February 2015

COMPETITION PROGRAMME

Individual Competition
This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Individual Competitions (such as Individual Apparatus, All Around or Team).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 7 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Level 7</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 8 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 8</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9 Junior</td>
<td>X</td>
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<tr>
<td>Level 9</td>
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<tr>
<td>Junior International</td>
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<tr>
<td>Level 10</td>
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<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior International</td>
<td>X</td>
<td>X</td>
<td>X</td>
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</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

Group Competition

This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Group Competition (such as All Around).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Each group participating in this event shall present two performances as per the prescribed routines.

Each group must consist at a minimum of the prescribed number of gymnasts. An additional gymnast (the reserve) may be nominated.

Each group routine must be performed by the prescribed number of gymnasts. A group comprising of a different number of gymnasts is ineligible to participate in this event.
### Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
<td>5</td>
<td>Clubs <em>(performed twice)</em></td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>4</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Junior</td>
<td>5</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Senior International</td>
<td>5</td>
<td>Ribbon and 3 x ball 2 x ribbon</td>
</tr>
</tbody>
</table>

**Please note:** Group gymnasts are required to compete all prescribed routines within their respective level at this event.

Any group gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

### RIGHT OF PARTICIPATION

**Individual Competition**

The Individual Competition is only open to those gymnasts intending to stand for the SA RG State Team in the following levels:

- Level 7 Junior
- Level 8 Junior
- Level 9 Junior
- Junior International
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:

- has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;
- does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**Group Competition**

The Group Competition is only open to those groups of gymnasts intending to stand for the SA RG State Team in the following levels:

- Open
- Sub-Junior
- Junior
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:

- does not fit the prescribed age requirements for their Group as set out in the ALP and/or FIG Code of Points;
- has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;
• does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**TIE BREAKING RULES**
Do not apply to this event.

**GYMNAST ENTRY FEES**
*Gymnast entered in both the Individual and Group Competitions*
$55.00 per gymnast (includes GST)

*Gymnast only entered in the Individual Competition*
$45.00 per gymnast (includes GST)

*Gymnast only entered in the Group Competition*
$25.00 per gymnast (includes GST)

**SPECTATOR ENTRY FEES**
$5.00 per Adult
$3.00 per Child/Concession

• Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
• Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**
*Individual Competition*
• Participation certificates will be given to all participants.
• Ribbons for 1st, 2nd and 3rd will be presented per apparatus per level.
• Place getters dependent on the competition numbers and determined by the SMC.

*Group Competition*
• Participation certificates will be given to all participants.
• Ribbons for 1st, 2nd and 3rd will be presented.
• Place getters dependent on the competition numbers and determined by the SMC.

*Non-residential Entries*
• Awards will be presented irrelevant of state of state /club representation.
• Participation certificates will be given to all participants and ribbons for 1st, 2nd and 3rd.
SECOND STATE TEAM TRIAL

EVENT DATE
Sunday 22<sup>nd</sup> March 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 23<sup>rd</sup> February 2015

COMPETITION PROGRAMME

Individual Competition
This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Individual Competitions (such as Individual Apparatus, All Around or Team).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 7 Junior</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 7</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 8 Junior</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 8</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9 Junior</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
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<tr>
<td>Level 9</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Junior International</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 10</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior International</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

Group Competition
This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Group Competition (such as All Around).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Each group participating in this event shall present two performances as per the prescribed routines.

Each group must consist at a minimum of the prescribed number of gymnasts. An additional gymnast (the reserve) may be nominated.

Each group routine must be performed by the prescribed number of gymnasts. A group comprising of a different number of gymnasts is ineligible to participate in this event.
### Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
<td>5</td>
<td>Clubs <em>(performed twice)</em></td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>4</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Junior</td>
<td>5</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Senior International (2 routines)</td>
<td>5</td>
<td>Ribbon and 3 x ball 2 x ribbon</td>
</tr>
</tbody>
</table>

**Please note:** Group gymnasts are required to compete all prescribed routines within their respective level at this event.

Any group gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

### RIGHT OF PARTICIPATION

**Individual Competition**

The Individual Competition is only open to those gymnasts intending to stand for the SA RG State Team in the following levels:

- Level 7 Junior
- Level 8 Junior
- Level 9 Junior
- Junior International
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:

- has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;
- does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**Group Competition**

The Group Competition is only open to those groups of gymnasts intending to stand for the SA RG State Team in the following levels:

- Open
- Sub-Junior
- Junior
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:
• does not fit the prescribed age requirements for their Group as set out in the ALP and/or FIG Code of Points;
• has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;
• does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**TIE BREAKING RULES**
Do not apply to this event.

**GYMNAST ENTRY FEES**
*Gymnast entered in both the Individual and Group Competitions*
$55.00 per gymnast (includes GST)

*Gymnast only entered in the Individual Competition*
$45.00 per gymnast (includes GST)

*Gymnast only entered in the Group Competition*
$25.00 per gymnast (includes GST)

**SPECTATOR ENTRY FEES**
$5.00 per Adult
$3.00 per Child/Concession

• Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
• Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**

*Individual Competition*
• Participation certificates will be given to all participants.
• Ribbons will be presented for 1st, 2nd, & 3rd places per apparatus per level.
• Place getters dependent on the competition numbers and determined by the SMC.

*Group Competition*
• Participation certificates will be given to all participants.
• Ribbons will be presented for 1st, 2nd & 3rd.
• Place getters dependent on the competition numbers and determined by the SMC.

*Non-residential Entries*
• Participation certificates will be given to all participants.
• Awards will be presented irrelevant of state/club representation.
TWO APPARATUS COMPETITION #1

EVENT DATE
Sunday 22nd March 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE  SA  5043

CLOSING DATE FOR ENTRIES
Monday 23rd February 2015

COMPETITION PROGRAMME

Individual Competition
This event consists only of an Individual Apparatus Competition, which determines the winning gymnast per prescribed apparatus per level.

This event is run concurrently with the Second State Team Trial. If a gymnast is competing in this event as well as the Second State Team Trial, then the scores for the prescribed apparatus routines apply to both the Second State Team Trial and the Two Apparatus Competition.

Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 7 Junior</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 7</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 8 Junior</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 8</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9 Junior</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Junior International</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 10</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Senior International</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete in all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

RIGHT OF PARTICIPATION

Individual Competition
The Individual Competition is open to all gymnasts in the following levels:

- Level 7 Junior
- Level 8 Junior
- Level 9 Junior
- Junior International
- Senior International
- Level 7
- Level 8
- Level 9
- Level 10

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

TIE BREAKING RULES
Do not apply to this event.

GYMNAST ENTRY FEES
$25.00 per gymnast (includes GST)
A gymnast, who has entered into the Second State Team Trial, may also enter this event for no extra charge.

**SPECTATOR ENTRY FEES**

$5.00 per Adult  
$3.00 per Child/Concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.  
- Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**

*Individual Competition*

- Participation certificates will be given to all participants  
- Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places per apparatus per level for the Individual Apparatus Competition  
- The SA RG SMC will decide if certificates and ribbons are to be awarded to 4<sup>th</sup> or more place, dependent upon the number of entries in each level.

*Non-residential Entries*

- Participation certificates will be given to all participants  
- Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places per apparatus per level for the Individual Apparatus Competition.  
- Presentations will be announced in 'open & closed' manner with both residential and non-residential award winners on the podium at once during each presentation.
THIRD STATE TEAM TRIAL

EVENT DATE
Sunday 12th April 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 16th March 2015

COMPETITION PROGRAMME

Individual Competition
This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Individual Competitions (such as Individual Apparatus, All Around or Team).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 7 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Level 7</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 8 Junior</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 8</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Junior International</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 10</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior International</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

Group Competition
This event is specifically for those gymnasts intending to stand for selection onto the State Team and therefore does not consist of any Group Competition (such as All Around).

Gymnasts who enter this event are simply attempting to qualify for the State Team as per the GSA State Team Selection Policy.

Each group participating in this event shall present two performances as per the prescribed routines.

Each group must consist at a minimum of the prescribed number of gymnasts. An additional gymnast (the reserve) may be nominated.

Each group routine must be performed by the prescribed number of gymnasts. A group comprising of a different number of gymnasts is ineligible to participate in this event.
Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
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</tr>
<tr>
<td>Sub-Junior</td>
<td>4</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Junior</td>
<td>5</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Senior International</td>
<td>5</td>
<td>Ribbon and 3 x ball 2 x ribbon</td>
</tr>
<tr>
<td>(2 routines)</td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

**Please note:** Group gymnasts are required to compete all prescribed routines within their respective level at this event.

Any group gymnast unable to compete in all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

**RIGHT OF PARTICIPATION**

**Individual Competition**

The Individual Competition is only open to those gymnasts intending to stand for the SA RG State Team in the following levels:

- Level 7 Junior
- Level 8 Junior
- Level 9 Junior
- Junior International
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:

- has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;
- does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**Group Competition**

The Group Competition is only open to those groups of gymnasts intending to stand for the SA RG State Team in the following levels:

- Open
- Sub-Junior
- Junior
- Senior International

Before competing, gymnasts must have returned the completed Intention to Stand for State Team Selection letter to the State Technical Director.

Any gymnast who:

- does not fit the prescribed age requirements for their Group as set out in the ALP and/or FIG Code of Points;
• has not returned the completed Intention to Stand for State Team Selection letter prior to or on the day of this event;

• does not intend on standing for selection onto the State Team is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

TIE BREAKING RULES
Do not apply to this event.

GYMNAST ENTRY FEES

Gymnast entered in both the Individual and Group Competitions
$55.00 per gymnast (includes GST)

Gymnast only entered in the Individual Competition
$45.00 per gymnast (includes GST)

Gymnast only entered in the Group Competition
$25.00 per gymnast (includes GST)

SPECTATOR ENTRY FEES

$5.00 per Adult
$3.00 per Child/Concession

Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.

Life Members of GSA and GA are also entitled free entry to this event.

AWARDS

Individual Competition
• Participation certificates will be given to all participants.
• Ribbons will be presented for 1\textsuperscript{st}, 2\textsuperscript{nd} & 3\textsuperscript{rd} per apparatus per level.
• Place getters dependent on the competition numbers and determined by the SMC

Group Competition
• Participation certificates will be given to all participants.
• Ribbons will be presented for 1\textsuperscript{st}, 2\textsuperscript{nd} & 3\textsuperscript{rd}
• Place getters dependent on the competition numbers and determined by the SMC

Non-residential Entries
• Participation certificates will be given to all participants
• Awards will be presented irrelevant of state/club representation
TWO APPARATUS COMPETITION #2

EVENT DATE
Sunday 12th April 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 16th March 2015

COMPETITION PROGRAMME

Individual Competition

This event consists only of an Individual Apparatus Competition, which determines the winning gymnast per prescribed apparatus per level.

This event is run concurrently with the Third State Team Trial. If a gymnast is competing in this event as well as the Third State Team Trial, then the scores for the prescribed apparatus routines apply to both the Third State Team Trial and the Two Apparatus Competition.

<table>
<thead>
<tr>
<th>Prescribed Routines</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LEVEL</strong></td>
</tr>
<tr>
<td>Level 7 Junior</td>
</tr>
<tr>
<td>Level 7</td>
</tr>
<tr>
<td>Level 8 Junior</td>
</tr>
<tr>
<td>Level 8</td>
</tr>
<tr>
<td>Level 9 Junior</td>
</tr>
<tr>
<td>Level 9</td>
</tr>
<tr>
<td>Junior International</td>
</tr>
<tr>
<td>Level 10</td>
</tr>
<tr>
<td>Senior International</td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

RIGHT OF PARTICIPATION

Individual Competition

The Individual Competition is open to all gymnasts in the following levels:

- Level 7 Junior
- Level 7
- Level 8 Junior
- Level 8
- Level 9 Junior
- Level 9
- Junior International
- Level 9
- Senior International
- Level 10

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

TIE BREAKING RULES

Do not apply to this event.
GYMNAST ENTRY FEES
$25.00 per gymnast (includes GST)

A gymnast, who has entered into the Third State Team Trial, may also enter this event for no extra charge.

SPECTATOR ENTRY FEES
$5.00 per Adult
$3.00 per Child/Concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

AWARDS

*Individual Competition*
- Participation certificates will be given to all participants
- Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places per apparatus per level for the Individual Apparatus Competition
- The SA RG SMC will decide if certificates and ribbons are to be awarded to 4<sup>th</sup> or more place, dependent upon the number of entries in each level.

*Non-residential Entries*
- Participation certificates will be given to all participants
- Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places per apparatus per level for the Individual Apparatus Competition.
- Presentations will be announced in 'open & closed' manner with both residential and non-residential award winners on the podium at once during each presentation.
STATE CHAMPIONSHIPS

EVENT DATE
Saturday 2nd May & Sunday 3rd May 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Tuesday 7th April 2015

COMPETITION PROGRAMME

Individual Competition
This event consists of:
- a Team Competition;
- an All Around Competition;
- an Individual Apparatus Competition.

Team Competition
This competition determines the All Around State Champion Team.

A team consists of 3-4 gymnasts and each gymnast must perform a routine using each one of the four prescribed apparatus.

Each team must perform four routines on each apparatus, by different gymnasts, making a maximum total of 16 routines (12 routines if the team consists of 3 gymnasts).

The team ranking is determined by adding the 3 best scores per apparatus (totalling 12 scores) registered by the gymnasts of the team.

All Around Competition
This competition determines:
- the Individual All Around State Champion;
- those gymnasts who qualify for the Individual Apparatus Competition.

The competition consists of a gymnast performing each of the four prescribed apparatus routines.

Gymnasts are ranked according to their All Around Score, which is determined by adding the four scores obtained by each gymnast with each of the prescribed apparatus.

The gymnast who has obtained the highest All Around Score per level is declared the All Around State Champion.

Individual Apparatus Competition
This competition determines the State Champion for each individual prescribed apparatus per level.

The best four gymnasts per apparatus per level from the All Around Competition are designated to participate in this competition.

Gymnasts are ranked according to their score obtained for that apparatus for that level. The gymnast with the highest score per apparatus per level is declared the State Champion.
Prescribed Routines

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 7 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Level 7</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 8 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 8</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 9 Junior</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 9</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Junior International</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 10</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Senior International</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete in all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.

Group Competition

This event only consists of an All Around Competition.

Each group participating in this event shall present two routines as per the prescribed apparatus.

Each group must consist at a minimum of the prescribed number of gymnasts. An additional gymnast (the reserve) may be nominated.

Each group routine must be performed by the prescribed number of gymnasts. A group comprising of a different number of gymnasts is ineligible to participate in this event.

All Around Competition

This competition determines the Group All Around State Champion.

Groups are ranked according to their All Around Score, which is determined by adding the two scores obtained by each group with the prescribed apparatus.

The group who has obtained the highest All Around Score is declared the All Around State Champion.

Prescribed Apparatus

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
<td>5</td>
<td>Clubs <em>(performed twice)</em></td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>4</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
<tr>
<td>Junior</td>
<td>5</td>
<td>Ball <em>(performed twice)</em></td>
</tr>
</tbody>
</table>
| Senior International (2 routines) | 5             | Ribbon and 3 x ball 2 x ribbon  

Please note: Group gymnasts are required to compete all prescribed routines within their respective level at this event.

Any group gymnast unable to compete in all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

Special considerations to the above must be submitted in writing to the SMC at the time of the entry due date, or at a minimum of seven (7) days prior to the event.
RIGHT OF PARTICIPATION

**Individual Competition**

The Individual Competition is open to all gymnasts in the following levels:

- Level 7 Junior
- Level 8 Junior
- Level 9 Junior
- Junior International
- Senior International

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**Group Competition**

The Group Competition is open to those gymnasts in the following levels:

- Open
- Sub-Junior
- Junior
- Senior International

Any gymnast who does not fit the prescribed age requirements for their Group as set out in the ALP and/or FIG Code of Points is ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**TIE BREAKING RULES**

The tie breaking rules, as specified in paragraph 6.5 of the Event Rules & Procedures, will apply in the event of equal scores in the Individual All Around Competition when determining the four best gymnasts for the Individual Apparatus Competition.

**GYMNAST ENTRY FEES**

- $60.00 per gymnast for individual competition (includes GST)
- $40.00 per gymnast in group competition (includes GST)
- $80.00 for gymnasts competing in both group and individual competitions (includes GST)

**SPECTATOR ENTRY FEES**

- $10.00 per adult
- $5.00 per Child/concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**

**Individual Competition**

- Participation certificates will be given to all participants
- Certificates and ribbons will be awarded for 1st, 2nd and 3rd places for the Team Competition
- Medals will be awarded for 1st, 2nd and 3rd places for the Individual Apparatus Competition
- Trophies will be awarded for 1st, 2nd and 3rd places for the All Around Competition

The SA RG SMC will decide if certificates and ribbons are to be awarded to 4th or more place, dependent upon the number of entries in each level.

**Group Competition**

- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places for the All Around Competition
The SA RG SMC will decide if certificates and ribbons are to be awarded to 4th or more place, dependent upon the number of entries in each level.

**Non-residential Entries**
- An Invitational will run concurrently with this event.
- Participation certificates will be given to all participants.
- Medals for non-residents will be awarded for 1st, 2nd and 3rd places per apparatus per level for the Individual Apparatus & Group Competition in closed and open presentations.
FOUNDATION LEVELS 1 & 2 / GROUP GYMNASTICS COMPETITION #1

EVENT DATE
Sunday 21st June 2015

VENUE
TBA

CLOSING DATE FOR TENTATIVE ENTRIES
TBA

COMPETITION PROGRAM

Individual Competition
This competition is an assessment of body skills, dance moves and connection through movement to music with expression to set music as determined by the RG SMC.

The Individual competition consists of a gymnast performing a maximum of each of the following prescribed apparatus routines and set standing elements.

The event will be run as per the recommendations in the ALP (i.e. floor layout and judges)

Prescribed Apparatus

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation 1</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td>Standing elements</td>
</tr>
<tr>
<td>Foundation 2</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>Standing elements</td>
</tr>
</tbody>
</table>

Host club to provide music and competition floor area as required by ALP
Gymnast must provide judging assessment sheet complete with name, club and level (see appendix 6.8.1)

Group Competition

DIVISION 1: NATIONAL

<table>
<thead>
<tr>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Silver</td>
<td>4 – 10</td>
</tr>
<tr>
<td>Senior Silver</td>
<td>4 – 10</td>
</tr>
<tr>
<td>Gold Division</td>
<td>5 – 15</td>
</tr>
</tbody>
</table>

Each group participating in this event shall present one routine as per the prescribed routines.

A group comprised of a different number of gymnasts is ineligible to participate in this event.

RIGHT OF PARTICIPATION
The Event hosts have the right to refuse entry dependent upon competition numbers and available time for event.

All gymnasts must be accompanied by an appropriately qualified coach (listed on entry form) and each club must nominate a judge as listed in RG Specific Event Rules and Procedures.

Group Competition (Aesthetic Group)
The Competition is open to those gymnasts in the following categories:

Junior Silver: 5 – 9 years
Senior Silver: 10 – 13 years old
Gold Division: 13+ years old
Any gymnast who does not fit the prescribed age may be ineligible to participate in this event. The SA RG SMC has the right to accept or decline interstate entries on a case by case basis.

RECOMMENDED GYMNAST ENTRY FEES
Entry fee to be set by the host club.

**Individual Entry Fees**
$15.00 per gymnast (includes GST) flat fee recommendation.

**Group Entry Fees**
$10.00 per gymnast (includes GST) recommendation.

RECOMMENDED SPECTATOR ENTRY FEES
Prices to be set by host club.
$5.00 per adult
$2.00 per child/concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled to free entry to this event.

AWARDS
**Individual Competition**
Judges Assessment Sheet (see appendix) returned showing assessment at bronze, silver or gold ribbons given out by Registrar.

**Group Competition**
- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places per Category within each Division
- The host club will decide if certificates are to be awarded to 4th or more place, dependent upon the number of entries in each level.
L3-6 SERIES COMPETITION #1

EVENT DATE
Saturday 25th & Sunday 26th July 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 29th June 2015

COMPETITION PROGRAMME

Individual Competition
The competition consists of an individual Apparatus Competition.

Individual Apparatus Competition
Gymnasts are ranked according to their individual apparatus score. The gymnast who has obtained the highest score per apparatus per level is declared the winner.

Prescribed Routines

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>RIBBON</th>
<th>CLUBS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 4</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 5</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 6</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

RIGHT OF PARTICIPATION

Individual Competition
The Individual Competition is open to all gymnasts in the following levels:

Level 3, Level 4, Level 5, Level 6

Events Committee to decide whether a level needs to be divided based on age and numbers. Gymnast may compete in 1 - 4 apparatus.
Any gymnast who has not passed into the appropriate level listed above as per the State Award Testing Rules & Regulations is ineligible to participate in this event.

GYMNAST ENTRY FEES
$15.00 per gymnast for one routine (includes GST)
$25.00 per gymnast for two routines
$40.00 per gymnast for 3 & 4 routines

SPECTATOR ENTRY FEES
$5.00 per Adult
$3.00 per Child/Concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

AWARDS
- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places and ribbons to 4th, 5th and 6th places in each apparatus.
L3-6 SERIES COMPETITION #2 – TEAM & QUALIFYING

EVENT DATE
Saturday 15th & Sunday 16th August 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE  SA  5043

CLOSING DATE FOR ENTRIES
Monday 20th July 2015

COMPETITION PROGRAMME

Individual Competition
The results from this competition determine:

- the ranking for the teams
- those gymnasts who have qualified for State Championships and Challenge Competition.

Team Competition
This competition determines the All Around State Champion Team per level.
A team may consist of 3-4 gymnasts and each gymnast may, subject with the following requirement perform 1 – 4 routines (maximum). Each team must perform 3 routines on each apparatus, by different gymnasts, making a maximum total of 12 routines using the 4 apparatus prescribed.
The team ranking is determined by adding the 10 best scores registered by the gymnasts in the team.

Individual Qualifying Competition
This competition determines which gymnasts qualify for State Championships and Challenge Competition.
Individual gymnasts may perform once any of the one to four routines of the prescribed apparatus relevant to their level.
To qualify for State Championships, gymnasts are ranked according to the their All Around Score (which is determined by adding the four scores obtained by each gymnast with the prescribed apparatus) they received per level. For those levels with:

- 12 or less entries, the top 6 gymnasts + 1 reserve will qualify.
- 13-24 entries, the top 8 gymnasts + 2 reserves will qualify.
- 25+ entries, the top 10 gymnasts + 3 reserves will qualify.

Those gymnasts who do not qualify for their particular apparatus in the Individual Qualifying Competition are eligible to compete in that apparatus at the Challenge Competition.

Prescribed Routines

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>RIBBON</th>
<th>CLUBS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 4</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 6</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
</tbody>
</table>

RIGHT OF PARTICIPATION

Individual Competition
The Individual Competition is open to all gymnasts in the following levels:

Level 3, Level 4, Level 5, Level 6
Events Committee to decide whether a level needs to be divided based on age and numbers.
Gymnasts may compete in 1 – 4 apparatus.

Any gymnast who has not passed into the appropriate level listed above as per the State Award Testing Rules & Regulations is ineligible to participate in this event.

**GYMNAST ENTRY FEES**
$15.00 per gymnast for one routine (includes GST)
$25.00 per gymnast for two routines
$40.00 per gymnast for 3 & 4 routines

**SPECTATOR ENTRY FEES**
$5.00 per Adult
$3.00 per Child/Concession.

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**
- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places and ribbons to 4th, 5th and 6th places in each apparatus.
- 1st, 2nd & 3rd Place Team will be awarded medals
L3-6 SERIES COMPETITION #3 – STATE CHAMPIONSHIPS AA & APPARATUS

EVENT DATE
Saturday 12th September

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 10th August 2015

COMPETITION PROGRAMME

Individual Apparatus Competition
This competition determines the State Champion for each of the prescribed apparatus relevant to their level.

The gymnasts are ranked according to their score obtained for that apparatus for that level. The gymnast with the highest score per apparatus per level is declared the State Champion.

All Around Competition
The competition consists of a gymnast performing each of the four prescribed apparatus routines.

Gymnasts are ranked according to their All Around Score, which is determined by adding the four scores obtained by each gymnast with each of the prescribed apparatus.

The gymnast who has obtained the highest All Around Score per level is declared the All Around State Champion.

Prescribed Routines

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>RIBBON</th>
<th>CLUBS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 4</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 6</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
</tbody>
</table>

Please note: Gymnasts are required to compete all prescribed routines within their respective level at this event.

Any gymnast unable to compete in all prescribed routines (unless due to injury incurred at the event) is unable to participate in this event.

RIGHT OF PARTICIPATION

Individual Competition
The Individual Competition is open to those gymnasts who qualified at the L3-6 Series Competition #2 – Team & Qualifying in the following levels:

- Level 3
- Level 4
- Level 5
- Level 6

Any gymnast who has not qualified for this event (which was determined by the results of the L3-6 Series Competition #2 – Team & Qualifying) is not eligible to compete in this event.
TIE BREAKING RULES
The tie breaking rules, as specified in paragraph 6.5 of the Event Rules & Procedures, will apply in the event of equal scores in the Individual All Around Competition when determining the four best gymnasts for the Individual Apparatus Competition.

GYMNAST ENTRY FEES
$60.00 per gymnast (includes GST)

SPECTATOR ENTRY FEES
$10.00 per Adult
$5.00 per Child/Concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

AWARDS

Individual Competition
- Participation certificates will be given to all participants
- Trophies will be awarded for 1st, 2nd and 3rd places for the All Around Competition; ribbons will be awarded to 4th, 5th and 6th places.
- Medals will be awarded to 1st, 2nd and 3rd places and ribbons will be awarded to 4th, 5th and 6th places for each apparatus.
L3-6 SERIES COMPETITION #4 – CHALLENGE

EVENT DATE
Sunday 13th September 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 17th August 2015

COMPETITION PROGRAMME

**Individual Apparatus Competition**

This competition consists of an Individual Apparatus Competition.

**Prescribed Routines**

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>RIBBON</th>
<th>CLUBS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 4</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Level 5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Level 6</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**RIGHT OF PARTICIPATION**

**Individual Competition**

The Individual Competition is open to those gymnasts who did not qualify for Level 3-6 State Championships in the following levels:

- Level 3, Level 4, Level 5, Level 6

Any gymnast who has not passed into the appropriate level listed above as per the State Award Testing Rules & Regulations is ineligible to participate in this event.

The SA RG SMC reserves the right to accept or decline interstate entries at this event on a case by case basis.

**GYMNAST ENTRY FEES**

$15.00 per gymnast for one routine (includes GST)
$25.00 per gymnast for two routines
$40.00 per gymnast for 3 & 4 routines

**SPECTATOR ENTRY FEES**

$10.00 per Adult
$5.00 per Child/Concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**

**Individual Competition**

- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places for the Individual Apparatus Competition and ribbons will be awarded to 4th, 5th and 6th places for each apparatus.
FOUNDATION LEVELS 1 & 2 / GROUP GYMNASSTICS COMPETITION #2

EVENT DATE
15th November 2015

VENUE
TBA

CLOSING DATE FOR TENTATIVE ENTRIES
TBA

COMPETITION PROGRAM

Individual Competition

This competition is an assessment of body skills, dance moves and connection through movement to music with expression to set music as determined by the RG SMC.

The Individual competition consists of a gymnast performing a maximum of each of the following prescribed apparatus routines and set standing elements.

The event will be run as per the recommendations in the ALP.

Prescribed Apparatus

<table>
<thead>
<tr>
<th>Level</th>
<th>FX</th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation 1</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
<td>Standing elements</td>
</tr>
<tr>
<td>Foundation 2</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td>Standing elements</td>
</tr>
</tbody>
</table>

Host club to provide music, and competition floor area as required by ALP.

Gymnast must provide judging assessment sheet complete with name, club and level (see appendix 6.8.1.)

Group Competition

<table>
<thead>
<tr>
<th>DIVISION 1: NATIONAL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Silver</td>
<td>4 – 10</td>
<td>FX</td>
</tr>
<tr>
<td>Senior Silver</td>
<td>4 - 10</td>
<td>FX</td>
</tr>
<tr>
<td>Gold Division</td>
<td>5 - 15</td>
<td>FX</td>
</tr>
</tbody>
</table>

Each group participating in this event shall present one performance as per the prescribed routines. A group comprised of a different number of gymnasts is ineligible to participate in this event.

RIGHT OF PARTICIPATION

The Event hosts have the right to refuse entry dependent upon competition numbers and available time for event.

All gymnasts must be accompanied by an appropriately qualified coach (listed on entry form) and each club must nominate a judge as listed in RG Specific Event Rules and Procedures.

Group Competition (Aesthetic Group)

The Competition is open to those gymnasts in the following categories:
Junior Silver Division: 5 – 9 years old
Senior Silver Division: 10 – 13 years old
Gold Division: 13+ years old

Any gymnast who does not fit the prescribed age may be ineligible to participate in this event. The SA RG SMC has the right to accept or decline interstate entries on a case by case basis.
RECOMMENDED GYMNAST ENTRY FEES
Entry fee to be set by the host club.

*Individual Entry Fees*
$15 per gymnast (includes GST) flat fee recommendation.

*Group Entry Fees*
$10 per gymnast (includes GST) recommendation.

RECOMMENDED SPECTATOR ENTRY FEES
Prices to be set by host club.

$5.00 per adult
$2.00 per child/concession

- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled to free entry to this event.

AWARDS

*Individual Competition*
Judges Assessment Sheet (see appendix 6.8.1) returned showing assessment at bronze, silver or gold ribbons given out by Registrar.

*Group Competition*
- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places per Category within each Division

The SA RG SMC will decide if certificates are to be awarded to 4th or more place, dependent upon the number of entries in each level.
STATE MULTIPLES CHAMPIONSHIPS

EVENT DATE
Sunday 1st November 2015

VENUE
Blue Stadium
Marion Leisure and Fitness Centre
Corner of Oaklands Road & Rosedale Avenue
MORPHETTVILLE SA 5043

CLOSING DATE FOR ENTRIES
Monday 5th October 2015

COMPETITION PROGRAMME

Group Competition

Trios
This event only consists of a Trio Competition per Category.
Each trio participating in this event shall present one routine as per the prescribed routines.
A trio can only consist of the three nominated gymnasts. A trio comprised of a different number of gymnasts is ineligible to participate in this even.

<table>
<thead>
<tr>
<th>DIVISION 1: NATIONAL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 1</td>
<td>3</td>
<td>Hoop</td>
</tr>
<tr>
<td>Category 2</td>
<td>3</td>
<td>Ball</td>
</tr>
<tr>
<td>Category 3</td>
<td>3</td>
<td>Hoop</td>
</tr>
<tr>
<td>Category 4</td>
<td>3</td>
<td>Rope</td>
</tr>
</tbody>
</table>

Group of 4
This event only consists of a Group of 4 Competition per Category.
Each group of 4 participating in this event shall present one routine as per the prescribed routines.
A group of 4 can only consist of the four nominated gymnasts. A group of 4 comprised of a different number of gymnasts is ineligible to participate in this event.

<table>
<thead>
<tr>
<th>DIVISION 1: NATIONAL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 1</td>
<td>4</td>
<td>Hoop</td>
</tr>
<tr>
<td>Category 2</td>
<td>4</td>
<td>Ball</td>
</tr>
<tr>
<td>Category 3</td>
<td>4</td>
<td>Hoop</td>
</tr>
<tr>
<td>Category 4</td>
<td>4</td>
<td>Rope</td>
</tr>
</tbody>
</table>

Group Gymnastics
Each group participating in this event shall present one routine as per the prescribed routines. A group comprised of a different number of gymnasts is ineligible to participate in this event.

<table>
<thead>
<tr>
<th>DIVISION 1: NATIONAL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Silver</td>
<td>4 – 10</td>
<td>FX</td>
</tr>
<tr>
<td>Silver Division</td>
<td>4 – 10</td>
<td>FX</td>
</tr>
<tr>
<td>Gold Division</td>
<td>5 – 15</td>
<td>FX</td>
</tr>
</tbody>
</table>
**National/International Groups**
This competition determines the State Multiples Champions in each of the divisions. The National/International Group Competition is open to those groups of gymnasts working on routines in the following divisions:

- Open
- Sub-Junior
- Junior International
- Senior International

Any gymnast who does not fit the prescribed age requirements for their Group as set out in the ALP and/or FIG Code of Points is ineligible to participate in this event.

Gymnasts in the National/International Groups division are to perform the following year’s apparatus rotations to assist in preparation for state team selection the following year.

**Prescribed Routines (2016 requirements)**

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>NUMBER OF GYMNASTS</th>
<th>APPARATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
<td>5</td>
<td>Ribbon*(performed twice)</td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>4</td>
<td>Clubs (performed twice)</td>
</tr>
<tr>
<td>Junior</td>
<td>5</td>
<td>Ball (performed twice)</td>
</tr>
<tr>
<td>Senior International</td>
<td>5</td>
<td>3 x Clubs, 2 x hoop &amp; 5 x Ribbon</td>
</tr>
</tbody>
</table>

*To be reviewed Nationally*

**RIGHT OF PARTICIPATION**
Trio, Group of 4, Group Gymnastics, National/International Groups Competition:

These Competitions are open to those gymnasts in the following categories:

- Category 1: Maximum age 10 years
- Category 2: Maximum age 13 years
- Category 3: Maximum age 15 years
- Category 4: Open Age
- Junior Silver Division: 6 – 8 years old
- Silver Division: 9 – 13 years old
- Gold Division: 13 + years old
- Open Group: Min 10 years
- Sub-Junior Group: Min 10 Max 12 years
- Junior Group: Min 13 Max 15 years
- Senior International Group: Min 16 years

Any gymnast who does not fit the prescribed age may be ineligible to participate in this event.

The SA RG SMC has the right to accept or decline interstate entries at this event on a case by case basis.

**TIE BREAKING RULES**
Do not apply at this event

**GYMNAST ENTRY FEES**
$15.00 per gymnast for first routine, $10.00 for every other routine with a cap of $50.00

**SPECTATOR ENTRY FEES**
Adults $5.00
Children & Concession $3.00
- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

**AWARDS**

*Trios, Group of 4, Group Gymnastics & National/International Groups*

- Participation certificates will be given to all participants
- Medals will be awarded for 1st, 2nd and 3rd places per Category within each Division

The SA RG SMC will decide if certificates are to be awarded to 4th or more place, dependent upon the number of entries in each level.

*Non-residential Entries*

- Participation certificates will be given to all participants.
- Medals for non-residents will be awarded for 1st, 2nd and 3rd places in each division in closed and open presentations
STATE AWARD TESTING RULES & REGULATIONS

1. GENERALITIES
- Testing events must be sanctioned by the SA RG SMC.
- The Events Committee will run the Testing event in conjunction with the Judging Committee.
- The Judging Committee will keep and maintain records of the Gymnast’s Name, Year of Birth, Club, Level attempting and Pass Mark.
- A member from the Events Committee and a member from the Judging Committee must attend all Testing events, unless they delegate to an appropriately qualified person.

2. REGISTRAR
The Events Committee is to provide a Registrar on the day of the Testing event who will perform the following functions:
- Charge spectators the appropriate entry fee.
- Collect all gymnasts’ entry fees.
- Complete the upgrading certificates with the appropriate details.
- Calculate the scores and determine if a gymnast has passed or not.
- Hand the certificate with the appropriate ribbon to the gymnast. In the event that a gymnast does not pass her upgrading, the Registrar is to speak to the representatives of the Events and Judging Committees.
- Complete all appropriate details in the record book for the Testing event.
- Provide the host club with $50 to help cover the hire of the gym.
- Document all receipts and payments for the Testing event.

3. ENTRIES
By the last Wednesday prior to the date of the testing event, all clubs participating are to complete and forward an event entry form for the award testing. The form needs to be sent to the Events and Judging Committees as well as entries@gymsa.com.au. Attending Gymnasts, coaches and judges are to be listed on the entry form. Payment is individual on the day.

3.1 Gymnast Entry Fees
$15.00 incl. GST
Each gymnast must bring $15 in an envelope with the gymnasts’ name, level and club on the front.

3.2 Spectator Entry Fees
Adults $2.00
Children & Concession Free
- Current Technical Members showing their relevant Technical Membership card at the door gain free entry to this event.
- Life Members of GSA and GA are also entitled free entry to this event.

4. GYMNASTS

National Stream: Level 3, Level 4, Level 5, Level 6
In order to compete Individually, gymnasts must successfully complete an SA RG SMC sanctioned Testing event.
A gymnast may enter the Stream at any level (in accordance with any age requirements, as per the ALP).
A gymnast may pass more than one National Level in a year.
A gymnast may skip a National Level.
Level 7, 7Jnr, 8, 8Jnr, 9, 9 Jnr
Upgrades not required.

Level 10, Junior & Senior International
A gymnast cannot compete in both the National and International streams as an Individual within the one calendar year.

Entry into Level 10, Junior & Senior International is made on written notification to the SA RG SMC. Applications must be sent to the State Technical Director at least seven (7) days prior to the SMC meeting to allow circulation to all committee members. Entry into Level 10, Junior & Senior International is made once ratified by the SMC at the next SMC.

5. DRESS
Gymnasts are to wear a competition standard leotard when testing.

If a gymnast attends a Testing event without a competition standard leotard, then they may not be able to participate in the Testing event.

6. JUDGES
Please refer to the RG Specific Event Rules & Procedures regarding the supply of Judges.

7. COACHES
Please refer to the Event Rules & Procedures regarding the supply of Coaches.

8. APPLICATIONS FOR EXTRA TESTINGS
The SA RG SMC schedules Testing events each year; however it encourages clubs to seek approval for extra Testing events by:

Writing to the SA RG SMC with a proposed date at least one-month prior.

Liaising with the Events and Judging Committees to ensure the correct personnel attend the Testing event.

Once the Testing event is sanctioned by the SA RG SMC, they will inform all other clubs of the date and location of the Testing.
TESTING REQUIREMENTS

LEVEL 3-6

**Level 3**
Routines Required: Freehand routine.

Difficulties Required: For the remaining 5 apparatus Balance 1, Pivot 1, Leap 1 are to be performed.

**Assessment:**
Routines are judged as per the ALP and therefore require the minimum number of correctly qualified judges:
1 x Intermediate level (or higher) judge for Difficulty.
1 x Intermediate level (or higher) judge for Execution.

Elements are judged on a sliding scale for Difficulty out of 0.5 and Execution is judged as per the ALP out of 1.00. Only 3 set difficulties per apparatus will be judged.

The maximum mark achievable is $13.30 + (1.5 \times 3) \times 5 \text{ (standing elements)} = \text{35.80}$

Pass mark are:
50% 17.90 Bronze
60% 21.48 Silver
70% 25.06 Gold

**Level 4**
Routines Required: Freehand routine.

Difficulties Required: For the remaining 5 apparatus Balance 1, Pivot 1, Leap 1 are to be performed.

**Assessment:**
Routines are judged as per the ALP and therefore require the minimum number of correctly qualified judges:
1 x Intermediate level (or higher) judge for Difficulty.
1 x Intermediate level (or higher) judge for Execution.

Elements are judged on a sliding scale for Difficulty out of 0.5 and Execution is judged as per the ALP out of 1.00. Only 3 set difficulties per apparatus will be judged.

The maximum mark achievable is $13.30 + (1.5 \times 3) \times 5 = \text{35.80}$

Pass mark are:
55% 19.69 Bronze
65% 23.27 Silver
75% 26.85 Gold

**Level 5**
Routines Required: Freehand routine.

Difficulties Required: For the remaining 5 apparatus set elements only are required to be performed.

**Assessment:**
Routines are judged as per the ALP and therefore require the minimum number of correctly qualified judges:
1 x Intermediate Bronze level (or higher) judge for Difficulty.
1 x Intermediate Bronze level (or higher) judge for Execution.
Elements are judged on a sliding scale for Difficulty out of 0.5 and Execution is judged as per the ALP out of 1.00. Only the 3 set difficulties per apparatus will be judged.

The maximum mark achievable is \(12.7 + (1.5 \times 3) \times 5 = 35.20\)

Pass mark are:

- Pass: 
  - 55% 19.36 Bronze
  - 65% 22.88 Silver
  - 75% 26.40 Gold

**Level 6**

Routines Required: Freehand routine.

Difficulties Required: For the remaining 5 apparatus set elements only are required to be performed.

**Assessment:**

Routines are judged as per the ALP and therefore require the minimum number of correctly qualified judges:

1 x Intermediate Bronze level (or higher) judge for Difficulty.
1 x Intermediate Bronze level (or higher) judge for Execution.

Elements are judged on a sliding scale for Difficulty out of 0.5 and Execution is judged as per the ALP out of 1.00. Only the 3 set difficulties per apparatus will be judged.

The maximum mark achievable is \(12.7 + (1.5 \times 3) \times 4 = 35.20\)

Pass mark are:

- Pass: 
  - 55% 19.36 Bronze
  - 65% 22.88 Silver
  - 75% 26.40 Gold
**RG SPECIFIC STATE TEAM POLICY**

*The following State Team Policy is RG specific and operates in conjunction with the GSA State Team Selection Policy*

### ATHLETES

**Selection Criteria**

These selection criteria apply to all athletes wishing to stand for State Team Selection:

- Athletes must submit their Intention to Trial letter to the Technical Director prior to or at the start of their first Nominated Selection Event.
- Athletes must have achieved a minimum All Around score as set by GA RG Gymsport Technical Commissions Technical Regulations in at least one of the Nominated Selection Events.

<table>
<thead>
<tr>
<th>Level</th>
<th>Maximum Score</th>
<th>Q Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior International</td>
<td>80.00</td>
<td>42.00</td>
</tr>
<tr>
<td>Junior International</td>
<td>72.00</td>
<td>39.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level</th>
<th>Maximum Score</th>
<th>Q Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 10</td>
<td>76.00</td>
<td>40.00</td>
</tr>
<tr>
<td>Level 9 &amp; 9 Junior</td>
<td>68.00</td>
<td>37.00</td>
</tr>
<tr>
<td>Level 8 &amp; 8 Junior</td>
<td>64.00</td>
<td>35.00</td>
</tr>
<tr>
<td>Level 7 &amp; 7 Junior</td>
<td>60.00</td>
<td>33.00</td>
</tr>
</tbody>
</table>

Group

<table>
<thead>
<tr>
<th>Level</th>
<th>Maximum Score</th>
<th>Q Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior</td>
<td>40.00</td>
<td>None in 2015</td>
</tr>
<tr>
<td>Open</td>
<td>36.00</td>
<td>None in 2015</td>
</tr>
<tr>
<td>Junior</td>
<td>36.00</td>
<td>None in 2015</td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>32.00</td>
<td>None in 2015</td>
</tr>
</tbody>
</table>

- Athletes must fit any age requirements as set out in the 2013-16 FIG Code of Points and GA RG Gymsport Technical Commissions Technical Regulations.
- Athletes must have competed in the relevant competition apparatus (as set out in the relevant FIG Code of Points and National Program Manual) in two of the three Nominated Selection Events.
- A Group must compete at two or more Trials with the same nominated athletes.
- If an athlete has not met any of the selection criteria as above, the athlete may still be eligible if the athlete is a Special Consideration athlete.

**Nominated Selection Events:**

- First State Team Trial
- Second State Team Trial
- Third State Team Trial

**Special Consideration:**

An athlete may apply to the State Team Selection Panel for special consideration. Any such application:

- May only be made in respect of a Nominated Selection Event.
- Must be in writing and signed by or on behalf of the athlete.
- May only be made on one or more of the following basis:
  - Injury to the athlete
  - Illness of the athlete
- Other unexpected circumstances
- Where possible must be made prior to the Nominated Selection Event.

- May only be made after the commencement of the Nominated Selection Event in the case of illness or injury occurring during the Nominated Selection Event. The State Team Selection Panel reserves the right to request a medical certificate from a medical practitioner.

- Gymnasts appealing due to unexpected circumstances must submit an application at earliest convenience.

- The application will be determined by the State Team Selection Panel, which shall have complete discretion to either accept or reject the application.

- The State Team Selection Panel must notify the athlete making the application of its decision as soon as possible after the decision is made. Such notification will be oral and will be followed up in writing.

Selection Process

Objective
To identify those athletes who, in the opinion of the State Team Selection Committee as ratified by the SA RG SMC and GSA Board, are likely to achieve the best possible results at the National Championships.

- The State Team Selection Committee will select the best athletes, who meet the agreed criteria, to represent GSA.

- The SA RG SMC and GSA Board of Directors will ratify the team selection.

- The SA RG SMC will announce the State Team at the State Championships.

- Any athlete who has not met the previously stated Selection Criteria will not be considered for selection.

- Individual Athletes will be ranked according to the average of their two best All Around scores from the Nominated Selection Events in order to ascertain the top 6 athletes in each Level for the State Team.

- Groups will be ranked according to the average of their two best All Around scores from the Nominated Selection Events in order to ascertain the top 3 Groups in each Category for the State Team.

In the case of a tie for the final place of the team, the ranking will be determined by the following criteria:

- The Individual Athlete/Group with the highest total average Execution score from the two best trials (All Around Score) prevails.

- The Individual Athlete/Group with the highest total average Difficulty score from the two best trials (All Around Score) prevails.

If there is still a tie, the State Team Selection Committee will determine the best way to break it.

When considering Special Consideration Athlete(s), the State Team Selection Committee may consider all or some of the following factors (not listed in any order of priority) and may give such weight to any or all of these factors as the State Team Selection Committee in its complete discretion sees fit:

- Performances at Nominated Selection Events
- Past State and National results (over the preceding 12 months)
- Possible team composition and possible All Around or Individual Apparatus medals during National Championships.

No other selection criteria will be considered in selecting the State Team.

COACHES

Roles and Responsibilities

Head Coach
- If over the age of 25, be prepared to assist with the driving of Team vehicles
- Perform such tasks as may reasonably be required by GSA
Coordinate state team training with State Team Sub-Committee

Expected to be present at the competition or training venue when SA athletes are present.

**Assistant/Personal Coaches**

- If over the age of 25, be prepared to assist with the driving of Team vehicles.

**Selection Criteria**

**Head Coach**

- Preferably Advanced Silver coaching qualifications or in the process of attaining such qualification
- The Head Coach is to attend Nationals in the capacity as a Coach only.

**Assistant Personal Coaches**

- Advanced coaching qualifications

**Selection Process**

**Assistant Personal Coaches**

- Written applications are to be submitted, on the official application forms, to the SA RG SMC Technical Director a minimum of 1 week prior to the April SMC meeting; at which all applications will be tabled.
- Any applicants on the SA RG SMC will be required to leave the meeting whilst discussion is taking place.
- The successful applicants will be notified in writing by the end of that month.
- The SMC will select the best Coaches to represent GSA based on the outlined criteria.
- The GSA Board of Management will ratify the coaches selected before final approval is given.

**Head Coach**

- The Head Coach is selected by peer vote of the selected State Team Assistant/Personal Coaches, the applicants for Head Coach will be circulated between the assistant personal coaches via email prior to Trial 3. All 2015 State Team coaches are required to vote via secret ballot (name written in envelope) given to the Chair of the State Team Sub-Committee and ratified by the SMC at the next available meeting.

**JUDGES**

**Roles and Responsibilities**

- Where practical, all Judges should stay at the designated State Team Accommodation during the tour
- Work in conjunction with the SA RG SMC State Team and Judging Committees
- When not judging, follow the direction of the Team Manager

**Selection Criteria**

- Judges must hold a minimum of Advanced level qualification

**Selection Process**

- Written applications are to be submitted, on the official application forms, to the SA RG SMC Technical Director a minimum of 1 week prior to the SMC meeting; at which all applications will be tabled.
- Any applicants on the SA RG SMC will be required to leave the meeting whilst discussion is taking place.
• The successful applicants will be notified in writing by the end of that month.
• The SMC will select the best Judges to represent GSA based on the outlined criteria.
• The GSA Board of Management will ratify the judges selected before final approval is given.

TEAM MANAGER

*Roles and Responsibilities*

• Become a member of the State Team Sub Committee
• Be responsible to and report to the SA RG SMC via the SA RG SMC State Team Committee
• Return any surplus petty cash to the office along with a petty cash reconciliation within 30 days of the completion of the tour provide a detailed report and statement of account to the GSA State Administrator and the SA RG SMC Technical Director. This report must include any breaches of discipline or misconduct of any team member that occurs and include recommendations for future improvements.
• Schedule for duration of stay prepared and shared with all adults travelling with the state team minimum 3 weeks before departure with update to this schedule released with each competition draft released as required by the Team Manager.
• Special requests for room allocations requested 1 month before.
• Room allocations prepared and shared with all adults travelling with the State Team minimum 3 weeks before departure and updated as required.

*Selection Process*

• Written applications are to be submitted, on the official application forms, to the SA RG SMC Technical Director a minimum of 1 week prior to the December SMC meeting; at which all applications will be tabled.

• **GSA Application Forms >> Inside GSA >> State Team**
• In the event that no applications are successful, the selection process may be deferred to the February SMC meeting.
• Any applicants on the SA RG SMC will be required to leave the meeting whilst discussion is taking place.
• The successful applicants will be notified in writing by the end of that month.
• The SMC will select the best Team Manager to represent GSA based on the outlined criteria.
• The GSA Board of Management will ratify the Team Manager selected before final approval is given.

CHAPERONES

*Selection Process*

• Written applications are to be submitted, on the official application forms, to the SA RG SMC Technical Director a minimum of 1 week prior to the last nominated compulsory competition for the selection of the SA RG State Team.

• **GSA Application Forms >> Inside GSA >> State Team**
• Any applicants on the SA RG SMC will be required to leave the meeting whilst discussion is taking place.
• The successful applicants will be notified in writing by the end of that month.
• The SMC will select the best Chaperones to represent GSA based on the outlined criteria.
• The GSA Board of Management will ratify the chaperones selected before final approval is given.
INTENTION TO STAND FOR STATE TEAM SELECTION

Sunday 1\textsuperscript{st} March

Sunday 22\textsuperscript{nd} March

Sunday 12\textsuperscript{th} April

ALL COMPULSORY COMPETITIONS TO BE HELD AT:

*Blue Stadium*
Marion Leisure and Fitness Centre
Corner of Oaklands Rd & Rosedale Ave
Morphettville SA 5043

Cost: Please refer to the SA RG SMC 2014 Event Handbook and Technical Regulations

All gymnasts intending to stand for State Team selection in International or National Streams should read the following:

- Must attend all state team meetings/practices
- Must wear a State Uniform when directed
- All costs will be paid by competing gymnast, before commencement of travel or competition
- Costs include competition fees, travel, accommodation, tracksuit, food, official functions, etc
- Attend all functions as required
- If travelling interstate will stay at official accommodation
- If competition is held in Adelaide, will stay with team as directed
- To comply with all State Officials request about training, dress, etc
- To remain with the team at all times and support other gymnasts
- Sign all indemnity and medical forms as requested by GSA.
- Successful athletes must compete at two out of the three nominated events – Achieving the qualifying score on one or more occasions.

*NB* if any gymnast feels they are unable to comply with any of the above conditions, they may explain in writing as to the reasons for non-compliance and this will be considered by the Sports Management Committee.

Kara Foubert
State Technical Director
Rhythmic Gymnastics Sports Management Committee

*Please sign and hand below form to Kara Foubert on or before the day of the first trial.*

Intention to Stand for State Team Selection

I………………………………………………………………….
(gymnast) of ________________ (club) have read the above criteria, GSA State Team Selection Policy; including the SA RG SMC Selection Criteria and Process.

Please invoice:

Name __________________________________________
Address ___________________________________________________________________________
Signed (Gymnast) ________________________________________________ Date ______________
Signed (Parent or Guardian if under 18 years) ______________________________ Date __________
RG JUDGES SUBSIDY

INTRODUCTION
This policy is to provide judges who are suitably qualified to officiate at GSA sanctioned events with a subsidy towards their costs of attending these events.

PRINCIPLES OF THE JUDGES SUBSIDY
The SA RG SMC will ask for a current Profit and Loss statement from GSA at the end of the final GSA sanctioned event for the calendar year. Based upon this statement, the decision to subsidise the judges for their costs incurred will rest with the SA RG SMC.

If judges are to be subsidised:
 They will be subsidised on the basis of an amount per session whilst attending a GSA sanctioned event.
 Judges are to receive their subsidy based upon the percentage of sessions in which they perform an official judging duty, over the total number of GSA sanctioned event sessions per calendar year.
 If a judge does not perform an official judging duty during a session, then they do not qualify to receive the subsidy for that session.

PRINCIPLES OF THE JUDGES SUBSIDY
The SA RG SMC, when deciding which judges will receive subsidies, will take into account the following:
 Judges must be currently registered and accredited.
 Judges must reside in South Australia.
 Judges must have signed the Judges Sign in Sheet, available at all GSA sanctioned events.

CALCULATION OF SUBSIDY
The calculation of the subsidy will be done annually, taking into consideration the following:
 The total number of sessions over all GSA sanctioned events.
 The number of judges eligible for a subsidy.
 The funds available each year.

SUBSIDY RECOMMENDATION
The recommendation of the subsidy will be made by the State Judging Co-ordinator to the SA RG SMC at the SMC following the final GSA sanctioned event for the calendar year.

PAYMENT OF SUBSIDY
Each judge is responsible for signing the GSA sanctioned event Sign in Sheet, available at all sessions of all GSA sanctioned events.

These Sign in Sheets also form a record of attendance for judges at GSA sanctioned events. The Sign in Sheets also form the basis upon which the subsidy is calculated.
Judges must have completed all relevant forms as required by GSA when making payments to individuals. Judges must ensure that their current bank account details are recorded with GSA.
JUDGES OATH
I declare on my honor that, in my capacity as a judge, I will allow myself to be guided only by the spirit of sporting loyalty and dignity and I pledge to judge the work presented conscientiously and without regard to person, Club, State or Nation.

GYMNAST OF THE YEAR AWARD
INTERNATIONAL GYMNAST OF THE YEAR: JUNIOR & SENIOR INTERNATIONAL
Awarded to the gymnast who achieves the highest Australian Ranking at National Championships

NATIONAL GYMNAST OF THE YEAR: LEVEL 7 – 10
Each club will submit, at the February meeting of the SA RG SMC, a nomination for a gymnast who they think would qualify as Gymnast of the year for the National Stream. The decision of the SMC will also take the following into consideration:

- results from local, state and national competitions
- the gymnast’s attitude
- voluntary work
- coaching
- judging
- administration done for own club
- association events

Eligibility for awards: gymnast must have competed in all available competitions unless unavailable through injury, with a medical certificate or any other extenuating circumstances.
# AWARD CERTIFICATES – FOUNDATION 1 & 2 ROUTINES

**Gymnast Name:** __________________

**Club:** ___________________________

<table>
<thead>
<tr>
<th>FOUNDATION 1 COMPETITION</th>
<th>Routines for assessment</th>
<th>CIRCLE RESULT</th>
<th>Judge’s signature</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FX</strong></td>
<td>Level 1 – any TWO routines</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DATE:</strong></td>
<td>Routine 1</td>
<td>B S G</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Routine 2</td>
<td>B S G</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOUNDATION 2 COMPETITION</th>
<th>Routines for assessment</th>
<th>CIRCLE RESULT</th>
<th>Judge’s signature</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FX</strong></td>
<td>Level 2 – any THREE routines</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DATE:</strong></td>
<td>Routine 1</td>
<td>B S G</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Routine 2</td>
<td>B S G</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Routine 3</td>
<td>B S G</td>
<td></td>
</tr>
</tbody>
</table>
AWARD CERTIFICATES – FOUNDATION 1 & 2 STANDING ELEMENTS

Gymnast Name: __________________
Club: ___________________________

<table>
<thead>
<tr>
<th>FOUNDATION 1 COMPETITION</th>
<th>Standing Elements for assessment</th>
<th>CIRCLE RESULT</th>
<th>Judge’s signature</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Foundation 1 –</td>
<td>B S G</td>
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</tr>
</tbody>
</table>

DATE: Apparatus OR

Gymnast Name: __________________
Club: ___________________________

<table>
<thead>
<tr>
<th>FOUNDATION 2 COMPETITION</th>
<th>Standing Elements for assessment</th>
<th>CIRCLE RESULT</th>
<th>Judge’s signature</th>
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<tbody>
<tr>
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</table>

DATE: Apparatus OR
# Level 3 & 4 Testing Sheet

<table>
<thead>
<tr>
<th></th>
<th>ROPE TOTAL</th>
<th>HOOP TOTAL</th>
<th>BALL TOTAL</th>
<th>CLUBS TOTAL</th>
<th>RIBBON TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td></td>
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<tr>
<td>2</td>
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</tr>
<tr>
<td>3</td>
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</tbody>
</table>

**Level of Achievement**

<table>
<thead>
<tr>
<th>Level</th>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>17.90</td>
<td>21.48</td>
<td>25.06</td>
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<tr>
<td>Level 4</td>
<td>19.69</td>
<td>23.27</td>
<td>26.85</td>
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</table>

**Sum of apparatus totals**

**Freehand Routine score**

**Apparatus score**

**Final Score**

Pass: Bronze ☐ Silver ☐ Gold ☐

No Pass: ☐
## Level 5 & 6 Testing Sheet

Name of gymnast:  
Level:  
Date of testing:  

<table>
<thead>
<tr>
<th></th>
<th>ROPE</th>
<th>HOOP</th>
<th>BALL</th>
<th>CLUBS</th>
<th>RIBBON</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Difficulty</td>
<td>max 0.50</td>
<td>Difficulty</td>
<td>max 0.50</td>
</tr>
<tr>
<td>Execution</td>
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<td>Execution</td>
<td>max 1.00</td>
<td>Execution</td>
<td>Max 1.00</td>
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<tr>
<td>TOTAL</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

| ① |       |       |       |       |        |
| ② |       |       |       |       |        |
| ③ |       |       |       |       |        |

ROPE TOTAL  
HOOP TOTAL  
BALL TOTAL  
CLUBS TOTAL  
RIBBON TOTAL  

### Level of Achievement

<table>
<thead>
<tr>
<th>Level</th>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5</td>
<td>19.36</td>
<td>22.88</td>
<td>26.40</td>
</tr>
<tr>
<td>Level 6</td>
<td>19.36</td>
<td>22.88</td>
<td>26.40</td>
</tr>
</tbody>
</table>

Sum of apparatus totals:  
+ Freehand Routine score:  
+ Apparatus score:  
= Final Score:  

Pass: Bronze  
No Pass:  

<table>
<thead>
<tr>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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</tbody>
</table>