Assessment and the Beginner Coaching Course

Assessment topics:
- Gymnastics coaching in Australia
- Roles and responsibilities of a Beginner Coach
- Legal and ethical issues
- Inclusion
- Growth and development of your participants
- Your participants’ learning
- Communicating to improve learning
- Group management
- Working with your support network
- Safety
- Planning and conducting your gymnastics session
Face to Face

- Develop drills
- Design activities
- Lead a warm up
- Clearly communicate
- Ensure safety
- Manage a group
- Assist with lesson planning
- Review your coaching

Beginner Course Assessment  September 2014