Gymsport: Rhythmic Gymnastics

**Non-Elite** (Foundation Movement)

**Pre-Elite** (Potential to be Elite)

**Elite** (Senior International)

**FTEM stages**

**Phases & description**

**YOU are:**

Launchpad, Kindergym, Gymfun, Gymskills - non gym sport specific activities

Foundation Levels 1-2 of the RG competitive framework - all registered members of GA

Competitive framework open divisions of National levels 3 - 10

Demonstrated talent at TID day or event which lead to further HP development opportunities. Driven by individual programs. Subsequently attends a series of training sessions to assess suitability to HP Gymnastics. (determines coachability, resilience, commitment, work ethic etc.)

Further assessment of HP suitability by participating in the HP training process and events at a State level.

Committed to daily training & competition within a HP development program & progress to State & National testing & competition. RG: Int L 7 - 9 Jr

An Australian Senior representative at the Olympics or a World Championship event

A medal winner (Gold, Silver or Bronze) at the Olympics or a World Championship event

A multiple Olympic or World Championship medallist over multiple cycles