

2021 Gymnastics ACT Coach Congress

Saturday 20 November				
Time	Topic	Location	Zoom/Face to face	Presenter
14:00- 15:30	<p>Enabling Gymnastics for All in Your Programs</p> <p>An insight into how a Club successfully incorporates people with diverse and special needs across all their programs.</p>	Virtual and live: can be viewed at home or in person at the Grant Cameron Centre located next door to Woden Valley Gymnastics Club.	Zoom	Chris Schleusener (Gymnastics Australia) and Naomi Nye (Gymsports Director WVGC, Tech Chair GACT GFA Committee)
16:00- 16:30	Registration	Woden Valley Gymnastics Club, 27 Mulley St, Holder	Face to face	GACT: Jack Ratz
16:30-18:00	<p>Jump, Balance and Tumble, TeamGym</p> <p>A perfect pathway sport for gymnasts who want to compete without the stress. <i>Have a go, ask questions, find out how to get a class going in your club.</i></p>	Woden Valley Gymnastics Club, 27 Mulley St, Holder	Face to face	Rosie Iglewski (GFA Program Coordinator WVGC) Abiah Bull (Adv WAG and GFA Coach, WVGC)
18:00- 19:30	<p>You don't have to be an expert!</p> <p>Breaking down the ABC's and 1,2,3's of creating a performance without having to be a choreography genius.</p>	Woden Valley Gymnastics Club, 27 Mulley St, Holder	Face to face	Kaitlin Reedy (WAG Program Coordinator and Head Performance Coach, WVGC)

Sunday 21 November				
Time	Topic	Location	Zoom/Face to face	Presenter
09:15 - 09:45	Registration	Woden Valley Gymnastics Club, 27 Mulley St Holder ACT 2611	Face to face	GACT: Jack Ratz
10:00 - 11:00	FreeG: Coach it! Teaching basics: equipment set up, how to run a class and a breakdown of skills.	Woden Valley Gymnastics Club, 27 Mulley St Holder ACT 2611	Face to face	Caedyn Hardy (GFA Technical Director and Program Manager Manly Warringah Gymnastics Club)
10:00- 11:30	Circuits are Magic How to get creative with your gym environment and equipment (Kindergym)	VIRTUAL: can be viewed at home or on the large screen at the Grant Cameron Centre located next door to Woden Valley Gymnastics Club	Zoom	Sue Westaway
11:30 - 12:30	FreeG: Competing it! Introduction to technical regs and ideas for creative events.	Woden Valley Gymnastics Club, 27 Mulley St Holder ACT 2611	Face to face	Caedyn Hardy (GFA Technical Director and Program Manager Manly Warringah Gymnastics Club)
13:00 – 14:30	Communication is the key to growing your Kindergym program Focussing on the importance of informing Kindergym Caregivers of what we do and why, cemented with methods and mediums you can use that are easy and simple.	VIRTUAL: can be viewed at home or on the large screen at the Grant Cameron Centre located next door to Woden Valley Gymnastics Club	Zoom	Bec Robertson (Owner and Coach Peninsula Gymnastics, VIC)

13:00 – 14:30	<p>What are you waiting for?</p> <p>An introduction to coaching and starting FreeG in your Club</p>	Virtual (can be accessed at home or at Woden Valley Gymnastics Club on their large screen.)	Zoom	<p>Tim Roberston (Owner and Coach Peninsula Gymnastics, VIC) Charlie Robbins (Coach, Athlete Peninsula Gymnastics Club and Ninja Warrior Champion)</p>
15:00 – 16:30	<p>Performance in your Club today, travel the world tomorrow</p> <p>Pathways that performance can offer your Gymnasts and Coaches to keep them loving their sport and staying connected with your Club.</p>	Virtual: can be viewed at home or on the large screen at the Grant Cameron Centre located next door to Woden Valley Gymnastics Club	Zoom	<p>Kaitlin Reedy (WAG Program Coordinator and Head Performance Coach, WVGC)</p>
15:00 – 16:00	<p>The work is done for you</p> <p>How to access, understand and implement GA resources to promote your Kindergym and other GfA programs.</p>	Virtual: can be viewed at home or on the large screen at the Grant Cameron Centre located next door to Woden Valley Gymnastics Club	Zoom	<p>Brooke Kneebush (Gymnastics ACT and Tasmania CEO)</p>

