



Gymnastics Australia Weekly Webinar with Dr Kathy Yu

Questions and answers

Wednesday 13 May 2020

Is there any benefit in checking temperature?

There is some benefit in checking temperature and resting heart rate, however this is not a compulsory requirement as per the National Principles.

Do you recommend Gymnasts have their own chalk supply?

It would be a good idea for gymnasts to have their own chalk supply as this limits any potential spreading of the virus.

Can we do partner work in Acrobatics?

This will be dependent on the respective S/T guidelines and regulations. Level B guidelines as part of the AIS Rebooting sport document recommend no contact between athletes, however some limited spotting is required. GA will see a recommendation from the AIS on this from a national perspective.

How would you manage a KinderGym program 2-4 years? Do we close this program because of close contact with young children and parents etc?

If a club is running KinderGym, they should ensure that the parent is responsible for their child and for ensuring that their social distancing is maintained. Clubs may want to put indicators on the floor (crosses/spots) to indicate where children/parents should stand in relation to each other and the equipment. Equipment should be sanitised before, during and after the class and parents/children should sanitise before, during and after the class.

What would be the recommendation in relation to handheld apparatus ie Bean bags, balls handheld weights?

These are OK if they are not shared between athletes/participants and are sanitised before and after use.

Is partner work OK in GfA?

This will be dependent on the respective S/T guidelines and regulations. Level B guidelines as part of the AIS Rebooting sport document recommend no contact between athletes, however some limited spotting is required.