



Supports available

Gymnastics Australia Contacts

- Kitty Chiller – Chief Executive Officer - 0412 869 700 kchiller@gymnastics.org.au
- Brooke Irvine - National Child Safe Manager - 0421 381 164 Birvine@gymnastics.org.au
- Stephanie Moorhouse - Athlete Wellbeing and Engagement Officer - 0404 090 181 smoorhouse@gymnastics.org.au
- Kim Gray - GA Athlete Wellbeing and Engagement Officer - 0488 140 788 kgray@gymnastics.org.au
- Sam Offord - GA Athletes' Commission Chair - 0412 575 213 samofford_1@hotmail.com

AIS Mental Health Referral Network (MHRN)

The AIS Mental Health Referral Network (MHRN) is open to categorised athletes and alumni (athletes who have represented Australia or who were on an Australian national squad).

You can either refer yourself or be referred by anyone in your network.

The AIS Mental Health Team will connect you to a qualified psychologist best equipped to help you. These services are free and confidential (access details listed below).

- AIS Mental Health Referral Network - (02) 6214 1130 (Monday - Friday 9am-5pm AET) mentalhealth@sportaus.gov.au

For all athletes – please contact your GP who can assist you with accessing support