



SPORT INTEGRITY
AUSTRALIA



Gymnastics
Australia

NATIONAL INTEGRITY FRAMEWORK IMPROPER USE OF DRUGS AND MEDICINE POLICY

This Policy is designed to protect gymnastics and gymnasts from harm caused by the improper use of medicines, supplements and illegal drugs.

Specifically, the Policy provides a framework to:

- address and deter the use and distribution of illegal drugs in gymnastics
- ensure that only appropriately qualified people provide science and medicine services to gymnasts
- ensure that medications and injections are only given to gymnasts as part of appropriate medical treatment
- ensure that supplements are used and distributed safely in gymnastics with a focus on evidence-based use.

Who does this Policy apply to?

The supplement, medicine and injection components of this Policy apply only to international and national level gymnasts and gymnastics personnel working with them directly.

The illegal drug component of this Policy applies to all members of gymnastics, including:

- Gymnasts
- Coaches
- Employees
- Medical Practitioners
- Officials
- Sports Science Sports Medicine Personnel
- Support Personnel
- Gymnastics Organisations

Prohibited Conduct

The following actions and behaviours are breaches of the Policy:

- ✘ **Unauthorised injection or possession of injection equipment.**
- ✘ **The supply of non-compliant supplements to an international or national level gymnast.**
- ✘ **A criminal conviction relating to or involving an illegal drug.**
- ✘ **Illegal use of prescription or over the counter medication.**
- ✘ **Failure to report the illegal use of substances.**





What is the reporting process?



Actions that may be Prohibited Conduct under this Policy must be reported to Sport Integrity Australia via the [online form](#), and any other entity as required by law.



What happens if someone commits a breach of this Policy?

Any alleged Prohibited Conduct that is reported will be dealt with under the Complaints Disputes and Discipline Policy. This could result in a sanction ranging from a warning, mandatory education to a ban from gymnastics. Criminal conduct will be managed outside of this process by law enforcement.

Disclaimer

This fact sheet does not replace the National Integrity Framework Improper Use of Drugs and Medicine Policy. The Policy applies and overrules this fact sheet in any instances.

