

## How to apply for the FIG 2 Academy:

To be eligible to attend the FIG Level 2 Course, you must meet the following criteria:

- Be a current Technical Member
- Hold a minimum of an Advanced Coach accreditation
- Have experience coaching Australian Levels 7-9 (or above) or equivalent
- Be 18 years of age or older
- Completion of further education relating to coaching theory or sports science is highly beneficial but not essential, e.g., university degrees, TAFE courses etc.

Applications will be accepted on a first come, first serve basis, once a course is full no more applications will be accepted. Please do not wait until the last minute to get your applications in.

All applications for coaches residing in Australia must come through GA, however we can only officially enter coaches into the FIG Database for those who hold an Australian passport. If you are a citizen of another country, permission must be gained from the relevant Federation of which you are a citizen before we are able to create your account and register you into a course. GA can do this on your behalf, but this can sometimes cause delays.

### High Performance Coaches' Education Program

It is a FIG mandatory requirement for all academy participants to complete the World Anti-Doping Agency's (WADA) "High Performance Coaches' Education Program" which is available on the WADA e-learning platform [HERE](#). Upon completion of this module participants will receive a certificate of completion, and this certificate must be submitted as part of this application.

### FIG Coach Profile Requirements

For GA to set up a coach profile in the FIG Database, which is required for enrolment into any FIG Academy, there are a number of very specific requirements that must be submitted as part of your application. Failure to meet these requirements may result in an application not being accepted.

Please ensure you have all items in the below checklist prior to completing the application:

- An electronic copy of your current passport – either .JPEG or .PDF file
- Current passport photo – this must be a .JPEG file and have a plain white/cream background.
- High Performance Coaches' Education Program Certificate – this must be the PDF file directly available upon completion of the online course. Scans, photos, or any other formats will not be accepted. [COURSE AVAILABLE HERE](#)
- A current resume

### Other information:

Coaches are invited to apply for this Multi-Gymsport FIG Level 2 Coaching Academy which will be conducted as a combination of a virtual and residential program over a period of 7 months from June to December 2021.

In 2021, we are doing things a little different. Instead of the academy being run over an intense 8-day period, the academy will be run as a combination of a virtual, and residential program over a period of 7 months. This new blended delivery model will allow for greater flexibility for you, the candidate, and will give you the opportunity to learn the content and apply and practice it throughout the period. The virtual component will run from June through to October with the focus being on the theoretical topics. Moving the theory to a virtual delivery method will allow us to attract the top presenters in their fields from across the world. More time allows us the ability to include more theoretical topics than ever before. Topics that have always been seen as beneficial for coaches to know and understand but have not been possible to include due to time constraints.

The previous learning 'gaps' will be addressed through the revised blended learning design. The Assessment will become a component of the learning process itself and involve the coach developing and completing a coaching portfolio throughout the 7-month period. This portfolio will become part of the coaches' 'toolkit' to support ongoing learning and practice once they complete the program.

The curriculum for the Level 2 Academy covers theory lectures on FIG compulsory topics including anatomy, biomechanics, physiology, planning, and psychology, whilst also looking at topics such as, skill acquisition & athlete learning, sports injuries and recovery, and the Integrated Performance Coach. The residential program will cover technical topics, coach discussion, presentations, and collaboration.

The theory program will be broken down into four (4) modules, consisting of four (4) topics with a short quiz completed at the end of each module. Each session will be held twice in the week, which will allow you to choose the sessions that best suits you. The shortened residential program will focus on the practical side of the Academy and will be run in November/December (Gymsport specific).

In addition to the quizzes at the end of each theory module, there will be a theoretical examination which will be held during the residential program. Furthermore, the assessment portfolio will also focus on the development and preparation of a coaching portfolio which will consist of a quadrennial plan, athlete development plan and a personal action plan. Finally, there will be a skill presentation task that will be held following the residential program at your Daily Training Environment (DTE).

Since 2015, the FIG Level 2 Academy has been used as the Gymnastics Australia (GA) pathway to gain an Advanced Silver Accreditation. In order to obtain an Advanced Silver Accreditation from this course, coaches must maintain 100% attendance at all sessions of the course and achieve a pass mark of 60% in both theoretical and practical components. We have reduced the 'pass mark' to 60% to compensate for the additional assessment you will be doing throughout the course.

While the course is aimed at those coaches who have not yet attained their Advanced Silver coaching qualification, GA encourages any coach who gained this accreditation during transition in 2013 or through an RPL from overseas to attend as professional development. The current FIG Academy is a lot more in-depth than the material that has previously been presented at this level.

Any coach who wishes to attend a Level 3 FIG Academy in the future must attend a Level 2 Academy as a prerequisite.

### Course Fees

Course payments will be completed through FLEX, GA's Learning Management System (LMS). For a guide on how to make payment, please [click here](#).

Gymsport	Course Package	Fee	GST	Total
ALL	Course ONLY*	\$1750	\$175	\$1925
MAG/WAG	Residential program accommodation & meals package**	\$500	\$50	\$550

\* Other than MAG & WAG, the residential program will not be a "live in" experience as per previous years. Candidates will be required to organize their own flights, accommodation, meals, daily travel to the venue etc.

\*\* Fees do not cover flights or transport to/from the venue. It is your responsibility to ensure you are present for the commencement of the Academy.

Should your club or another party elect to fund your attendance at this course it will be your responsibility to organise payment via the LMS. GA will not generate invoices to third parties and all payments must be made via the LMS by the due dates.

Upon submission of an application, candidates will be required to pay 25% of the total fee to confirm their spot in the Academy. The course must be paid in full prior to the Residential component of the Academy.

GA will offer payment plans for paying the required fees. The payment plan will split the cost of the course into 4 equal payments, allowing the cost of the course to be broken up over time. Full payment must be received prior to the residential program.

#### *Payment Plan:*

- **25% deposit/instalment 1** - \$481.25 due within 5 business days of submitting application.
- **Instalment 2** - \$481.25 due 11 July.
- **Instalment 3** - \$481.25 due 5 September.
- **Instalment 4** - \$481.25 due 31 October.

#### *MAG & WAG Residential Program Package:*

- **MAG & WAG accommodation & meals package** - \$550 due 30 September